



LIST OF FOOD ALLOWED FOR REIMBURSEMENT BY THE CHILD & ADULT CARE FOOD PROGRAM (CACFP)

Key: BR=Breakfast SN=Snack

<u>Category</u>	<u>Food Item</u>	<u>Food Item</u>	<u>Food Item</u>
<b><u>Meat / Alt</u></b>			
<b><u>Beef</u></b>	Beef Barbecue Beef Franks Beef Ground Beef Jerky Beef Liver Beef Lunchmeat Beef Meatballs Beef Ribs	Beef Stix Beef Tips Braunschwieger Brisket Chuck Roast Corn Dog Corned Beef Meat Spread	Pot Roast Roast Beef Round Steak Sausage - Beef Stew Meat - Beef Veal Vienna Sausage
<b><u>Chicken</u></b>	Chicken Breasts Chicken Franks Chicken Gizzards Chicken Ground	Chicken Legs Chicken Liver Chicken Lunchmeat Chicken Nuggets / Stix	Chicken Thighs Stew Meat - Chicken Whole Chicken
<b><u>Seafood</u></b>	Catfish Clams Crab	Fish Fillets Fish Sticks Salmon	Shrimp Tuna
<b><u>Pork</u></b>	Bratwurst Canadian Bacon Ham Pepperoni	Pork Chops Pork Ground Pork Lunchmeat Pork Meatballs	Pork Roast Sausage - Pork Spare Ribs Stew Meat - Pork
<b><u>Turkey</u></b>	Turkey Breast Turkey Franks Turkey Ground	Turkey Ham Turkey Lunchmeat Turkey Meatballs	Turkey Roast Whole Turkey
<b><u>Lamb</u></b>	Lamb		
<b><u>Cheeses</u></b>	American Cheese Cheddar Cheese Cheese and Macaroni (homemade) Cheese Spread / Food	Colby Cheese Cottage Cheese Fried Cheese Sticks Lowfat Cheese Mozzarella Cheese	Pimento Cheese Ricotta Cheese String Cheese Swiss Cheese
<b><u>Beans</u></b>	Baked Beans Bean Soup Garbanzo Beans Chick Peas	Great Northern Beans Lima Beans Navy Beans Pinto Beans	Pork & Beans Red / Kidney Beans Refried Beans
<b><u>Peas</u></b>	Black-eyed Peas Dried Green / Yellow Peas	Lentils	Split Pea Soup
<b><u>Eggs</u></b>	Egg, cooked		
<b><u>Peanut Butter</u></b>	Peanut Butter (SN Only)	Peanut Butter & Meat / Alternate	
<b><u>Yogurt</u></b>	Yogurt		
<b><u>Seeds</u></b>	Pumpkin Seeds (SN Only)	Sesame Seeds (SN Only)	Sunflower Seeds (SN Only)
<b><u>Nuts</u></b>	Almonds (SN Only) Cashews (SN Only)	Peanuts (SN Only) Pecans (SN Only)	Walnuts (SN Only)

**Bread/Alt****Hot Cereal**

Barley (BR/SN Only)  
 Bulgar (BR/SN Only)  
 Cream of Rice (BR/SN Only)  
 Cream of Wheat (BR/SN Only)

Grits (BR/SN Only)  
 Malt-o-Meal (BR/SN Only)  
 Millet (BR/SN Only)  
 Oatmeal (BR/SN Only)

Ralston (BR/SN Only)  
 Wheat (BR/SN Only)

**Breads**

Bagel  
 Bagel Chips  
 Biscuits  
 Bread Sticks  
 Chow Mein Noodles  
 Corn Dog Wrap  
 Cornbread  
 Croissants  
 Dumplings  
 Egg Rolls  
 English Muffins  
 Filo Pastry  
 Flat Bread

French Bread  
 French Toast  
 Fritters, Apple (BR/SN Only)  
 Fritters, Banana (BR/SN Only)  
 Fritters, Corn (BR/SN Only)  
 Hamburger Buns  
 Hawaiian Buns  
 Hot Dog Buns  
 Hush Puppies  
 Italian Bread  
 Lumpia  
 Monkey Bread  
 Oatmeal Bread

Pita Bread  
 Popovers  
 Potato Bread  
 Pumpernickel  
 Rolls  
 Rye Bread  
 Seven Grain Bread  
 Sourdough Bread  
 Spoonbread  
 Wheat Bread  
 White Bread  
 Wonton Wrappers

**Cold Cereal**

100% Bran (BR/SN Only)  
 100 % Bran Flakes (BR/SN Only)  
 40+ Bran Flakes (BR/SN Only)  
 Apple Cinnamon Toasted Oats (BR/SN Only)  
 Berry Kids Krunch (BR/SN Only)  
 Bran Flakes (BR/SN Only)  
 Coco Dots (BR/SN Only)  
 Corn Flakes (BR/SN Only)  
 Corn Nuggets (BR/SN Only)  
 Crisp Rice  
 Fruit Dots (BR/SN Only)  
 Fruit Rounds (BR/SN Only)  
 Granola Cereal (BR/SN Only)  
 Honey Nut Toasted Oats ( BR/SN Only)  
 Kids Krunch (BR/ SN Only)  
 Marshmallows and Stars (BR/SN Only)  
 Peanut Butter Kid Krunch (BR/SN Only)  
 Raisin Bran (BR/SN Only)  
 Sugar Frosted Flakes (BR/SN Only)  
 Sugar Frosted Wheat Puffs (Br/SN Only)  
 Toasted Oats (BR/SN Only)  
 All Bran (BR/SN Only)  
 Bran Cereal (BR/SN Only)  
 Bran Flakes (BR/SN Only)  
 Buckwheat (BR/SN Only)

C.W. Post (BR/SN Only)  
 C.W. Post Raisin (BR/SN Only)  
 Cheerios (BR/SN Only)  
 Clusters (BR/SN Only)  
 Common Sense Oat Bran (BR/SN)  
 Concentrate Cereal (BR/SN Only)  
 Corn Cereal (BR/SN)  
 Corn Chex (BR/SN)  
 Corn Flakes (BR/SN)  
 Corn Flakes (BR/SN)  
 Country Crisp (BR/SN)  
 Cracklin Oat Bran (BR/SN)  
 Cracklin' Bran (BR/SN)  
 Crunchy Bran (BR/SN)  
 Fortified Oat Flakes (BR/SN)  
 Frosted Mini Wheat (BR/SN)  
 Frosted Wheat Squares (BR/SN Only)  
 Fruit Wheats (strawberry) (BR/SN Only)  
 Golden Grahams (BR/SN Only)  
 Grape Nuts (BR/SN Only)  
 Grape Nuts / Flakes (BR/SN Only)  
 Kix (BR/SN Only)  
 Life / Variety (BR/SN Only)  
 Life Cinnamon Flavor (BR/SN Only)  
 Mixed Grain Cereal (BR/SN Only)

Mixed Grain Flakes (BR/SN Only)  
 Nutrigrain Wheat (BR/SN Only)  
 Oat Cereal (BR/SN Only)  
 Oat Flakes (BR/SN Only)  
 Post Toasties (BR/SN Only)  
 Product 19 (BR/SN Only)  
 Puffed Rice (BR/SN Only)  
 Puffed Wheat (BR/SN Only)  
 Quaker 100% Natural (BR/SN Only)  
 Raisin Bran (BR/SN Only)  
 Rice Chex (BR/SN Only)  
 Rice Krispies (BR/SN Only)  
 S.W. Graham (BR/SN Only)  
 Shredded Wheat (BR/SN Only)  
 Special K (BR/SN Only)  
 Team Flakes (BR/SN Only)  
 Total Corn Flakes (BR/SN Only)  
 Total Whole Wheat (BR/SN Only)  
 Triples (BR/SN Only)  
 Uncle Sams (BR/SN Only)  
 Wheat Cereal (BR/SN Only)  
 Wheat Chex (BR/SN Only)  
 Wheat Flakes (BR/SN Only)  
 Wheaties (BR/SN Only)

**Cookies**

Brownies (no frosting) (SN Only)  
 Butter Cookies (SN Only)  
 Cakes (SN Only)  
 Chocolate Chip Cookies ( SN Only)  
 Chocolate Cookies (SN Only)  
 Fig Newtons (SN Only)

Ginger Snaps/Bread (SN Only)  
 Granola Bars (SN Only)  
 Ice Cream Cone (SN Only)  
 Nutrigrain Breakfast Bars (SN Only)  
 Oatmeal Cookies (SN Only)  
 Other Cookies - 1st Ingredient is Whole Grain/Enriched (SN Only)

Peanut Butter (SN Only)  
 Rice Cereal Bars (SN Only)  
 Sugar Cookies (SN Only)  
 Teddy Grahams (SN Only)  
 Vanilla Wafers (SN Only)

**Crackers**

Animal Crackers  
 Arrowroot Cookies  
 Cheese Crackers  
 Club Crackers  
 Crème Crackers  
 Graham Crackers

Graham Crackers - No Honey  
 Harvest Crisp  
 Hi Ho / Ritz Crackers  
 melba Toast  
 Oyster Crackers  
 Saloon Pilot

Saltine Crackers  
 Soda Crackers  
 Teething Biscuit  
 Wheat Cracker  
 Zwieback

**Crusts**

Pie Crust, Meat Pies Only

Pizza Crust

**Donuts**

Cinnamon Rolls (BR/SN Only)  
 Coffee Cake (BR/SN Only)

Poptarts (BR/SN Only)  
 Raised Donuts (BR/SN Only)

Sweet Rolls (BR/SN Only)  
 Toaster Pastries Unfrosted (BR/SN Only)

**Pancakes**

Pancakes / Waffles

**Pasta**

Egg Noodle  
Lasagna Noodles  
Macaroni & Cheese - Boxed

Macaroni Noodles  
Noodles  
Raviolis, Frozen or Homemade

Spaghetti Noodles  
Vermicelli Noodles

**Pretzels**

Pretzel - Hard

Pretzel - Soft

**Puddings**

Bread Pudding (SN Only)

Rice Pudding (SN Only)

**Rice**

Brown Rice  
Fried Rice  
Rice A Roni

Rice Cake  
Rice Pilaf  
Spanish Rice

White Rice  
Wild Rice

**Soups or Noodles**

Beef Noodle Soup - Canned  
Chicken Noodle Soup - Canned

Ramen Noodle

Turkey Noodle Soup - Canned

**Tortillas**

Corn Tortillas  
Flour Tortillas

Taco Shell

Whole Grain Chips

**Veg or Fruit Breads**

Apple Bread  
Banana Bread  
Carrot Bread

Date Nut Bread  
Muffins  
Pumpkin Bread

Raisin Bread  
Zucchini Bread

**Fruits**

Apples  
Applesauce  
Apricots  
Bananas  
Blackberries  
Blueberries  
Boysenberries  
Cantaloupe  
Cherries  
Cranberries  
Dates  
Figs  
Fruit Cocktail

Fruit Pie (Homemade ONLY)  
Fruit Salad  
Grapefruit  
Grapes  
Honeydew Melon  
Jello with Fruit  
Kiwi  
Mangos  
Nectarines  
Oranges  
Papaya  
Peaches  
Pears

Pineapple  
Plums  
Popsicles (100% Juice ONLY)  
Prunes  
Raisins & Fruit / Veg Alternative  
Raspberries  
Star fruit  
Strawberries  
Tangerines  
Ugli Fruit  
Watermelon

**Juices**

Apple Cider  
Apple Juice  
Apple-Cranberry Juice  
Apple-Grape Juice  
Apple-Pear Juice  
Apple-Raspberry Juice  
Berry Juicy Juice  
Caribbean Juice Splash  
Carrot Juice  
Cherry/Mountain Cherry Juice  
Grape Juice

Grapefruit Juice  
Hawaiian Sunrise Juice  
Mandarin / Tangerine Juice  
Mixed Juice  
Orange Juice  
Orange-Banana Juice  
Orange-Pineapple Juice  
Peach/Orchard Peach Juice  
Pear-Apple Juice  
Pear-Grape Juice  
Pineapple Juice

Pineapple-Orange Juice  
Pineapple-Orange-Banana Juice  
Pineapple-Passion-Banana Juice  
Prune Juice  
Punch Juicy Juice  
Raspberry/Country/Passion Juice  
Tomato Juice  
Tropical Fruit Juice  
Tropical Juice Squeeze  
Tropical Juicy Juice

**Vegetables**

Acorn Squash  
Alfalfa Sprouts  
Asparagus  
Avocado  
Baked Beans  
Baked Potato  
Bean Sprouts  
Beets  
Black-eyed Peas  
Broccoflower  
Broccoli  
Brussels Sprouts  
Butternut Squash  
Cabbage, Red / White  
Carrots  
Cauliflower  
Celery

French Fries  
Garbanzo Beans / Chick Peas  
Great Northern Beans  
Green Beans  
Greens  
Hash Browns  
Lentils  
Lettuce and Tomato  
Lima Beans  
Mashed Potatoes  
Mixed Vegetables  
Mushrooms  
Navy Beans  
New / Red / Whit Potatoes  
Okra  
Onions  
Parsnip

Pork N Beans  
Potatoes - Au gratin-Scalloped  
Pumpkin  
Red / Kidney Beans  
Refried Beans  
Salsa  
Sauerkraut  
Spaghetti Sauce  
Spinach  
Sweet Potato / Yams  
Tater Tots  
Tomato Paste  
Tomato Sauce  
Tomatoes, Fresh  
Tomatoes, Stewed  
Tossed Salad  
Turnips

Cole Slaw  
Corn  
Cucumbers  
Dried Green / Yellow Peas  
Eggplant

Peas  
Peppers, Green  
Peppers, Red  
Pickles  
Pinto Beans

Wax / Yellow Beans  
White Squash  
Yellow Squash  
Zucchini Squash

***Soups - vegetable***

Bean Soup  
Chicken Vegetable Soup  
Chunky Vegetable Soup  
Clam Chowder

Minestrone  
Potato Soup  
Split Pea Soup  
Tomato Soup

Turkey Vegetable Soup  
Vegetable Soup

***Milk***

Fluid Milk  
Special Provision (Doctor's note required)

***Infant Eggs / Meats***

Infant Beef  
Infant Chicken  
Infant Dried Beans / Peas

Infant Egg Yolk  
Infant Ham  
Infant Lamb

Infant Turkey  
Infant Veal  
Unprocessed Cheese

***Infant Cereals***

Infant Barley Cereal  
Infant High-Protein Cereal

Infant Mixed Cereal  
Infant Oatmeal Cereal

Infant Rice Cereal