

TRAINING CALENDAR



November
December
2011



January
February
2012



4-C: Community Coordinated Child Care

Carroll, DeKalb, Lee, Ogle &
Whiteside Counties
155 N. Third St., Suite 300
DeKalb, IL 60115
815-758-8149
FAX 815-758-5652

McHenry County
667 Ridgeview Dr.
McHenry, IL 60050
815-344-5510
FAX 815-344-5520

November 2011

Dear Child Care Providers,

4-C is now on Facebook! “Like” us to find out the latest in parent & provider trainings, upcoming events, and current information about 4-C programs & services!

A newly signed law requires Illinois child care providers to be trained on the prevention of Sudden Infant Death Syndrome (SIDS). The law, which goes into effect January 1, 2012, requires that providers caring for infants complete the training every 3 years.

The “Reducing the Risks of SIDS in Child Care” training will be offered on 1/16/12 in Crystal Lake; see page 16 for more information. In addition, the online training: ” Sudden Infant Death Syndrome (SIDS) and the Child Care Profession” is available. See page 23 for registration information.

A **non-refundable and non-transferable \$20 fee** is required to register for all CPR and First Aid trainings scheduled after January 1, 2012. Although we regret the need to charge a fee, the cost of offering CPR has risen and 4-C can no longer absorb all the costs associated with the training. As always, our goal is to offer quality, affordable training for child care programs in the counties we serve. Please do not combine CPR/First Aid fees with deposits for other trainings. CPR/First Aid trainings are open to providers 18 years and older working in child care settings in Carroll, DeKalb, Lee, McHenry, Ogle, and Whiteside counties.

The **2nd Annual 4-C Infant Toddler Institute** sessions will be on November 19, 2011 and March 24, 2012. See pages 21 and 22 for more information.

Save the Date—Child Care University, Saturday, March 3, 2012 at Sauk Valley College in Dixon. Online registration will be open after the new year through the University of Illinois Extension at: <http://web.extension.illinois.edu/clw/>.

Sincerely,

Kim Sciacero

Professional Development Coordinator
DeKalb Office (815) 758-8149 ext. 226
Sterling Office (815) 625-0333
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Table of Contents

Announcements 2

4-C Membership..... 3

Training Registration Form..... 4

Registration and Training Policies 5

Alternative CPR/FA Sites 6

4-C CPR and First Aid Classes 7

Level 1 ECE Credential 8–9

November–February Trainings..... 10–20

4-C Infant/Toddler Institute 21–22

Online Training Opportunities..... 23

Training Key..... 24

IL Gateways to Opportunity Professional Development 25

Quality Rating System..... 26

About 4-C...

4-C is a non-profit agency serving children, families, parents, child care providers, employers, and communities for 40 years.

Serving Carroll, DeKalb, Lee, McHenry, Ogle, and Whiteside Counties



Our Mission...

The 4-C mission is to promote children's well-being by advocating for quality, affordable, accessible child care. We support parents and those providing child care by offering information, education, resources, and services.

Membership...

4-C members include individuals, child care professionals, parents, businesses, industries, and community organizations who support the 4-C mission.

Membership dues are paid annually and are in effect for one calendar year.

Membership funds are used to maintain 4-C services.

Membership Benefits...

- Many free trainings that meet DCFS licensing requirements for in-service training and CDA content area requirements. Training may also count toward other credentials.
• Free training through self study units
• Free use of the 4-C mobile and on-site resource libraries

4-C: Community Coordinated Child Care OPPORTUNITY FOR MEMBERSHIP & SUPPORT

Name _____ Phone _____

Name of Organization/Business _____

Address _____

City _____ State _____ Zip _____ County _____

YES! I/We want to join the 4-C team and help promote quality child care services in our community.

_____ Child Care Center/Preschool (\$30) _____ Family Child Care Provider (\$20)

YES! I/We wish to provide support to help the winning efforts of "Team 4-C."

_____ Platinum (\$500) _____ Gold (\$250) _____ Silver (\$100) _____ Bronze (\$50)

We plan to publicly thank our donors. May we include your name/business? _____ Yes _____ No

If you are interested in receiving advocacy alerts electronically, please notate email address.

(Please write clearly) _____

THANK YOU! Donations are tax deductible to the full extent allowed by law.

Make your check payable to 4-C and mail to: 155 North Third Street, Suite 300, DeKalb, IL 60115

PRE-REGISTRATION IS REQUIRED FOR ALL 4-C TRAININGS—EACH PERSON ATTENDING A TRAINING MUST FILL OUT A FORM. DEMAND IS HIGH AND SPACE IS LIMITED. PLEASE REGISTER EARLY.

Training Registration

Name _____ Phone _____
 Address _____ City _____ State _____ Zip _____
 Email Address _____ Cell Phone _____

Email notification is the preferred method for registration status. Please provide cell # in case of last minute changes.

Employer _____ Phone _____
 Address _____

City _____ County _____ State _____ Zip _____

Address Preference for postal mail: Work Home

Licensed Status: DCFS Licensed License-Exempt I am in the process of licensing

Do you currently care for children on IDHS' Child Care Assistance Program (CCAP)? Yes No

Does your program have a current 4-C membership? Yes No

Membership allows for free registration for 4-C trainings, except those with mandatory statewide fees and CPR and First Aid Trainings.*

Family Child Care (FCC) Providers ONLY

Position: FCC Owner FCC Staff I am in the process of becoming licensed

Check ALL ages currently enrolled: Infants Toddlers Twos Preschoolers School-agers

Child Care Centers (CCC) ONLY

Position: Director Assistant Director Teacher Assistant Teacher

Check the primary age with which you currently work (choose only one):

Infants Toddlers Twos Preschoolers School-agers

***ALL PROVIDERS** The following trainings have a non-refundable & non-transferable fee due with registration:
 Environment Rating Scales (ERS)=\$15 Family Child Care ERS (FCCERS)=\$15
 Program Administration Scale (PAS)=\$15 Business Administration Scale (BAS)=\$15
 2012 CPR & First Aid classes=\$20

**Select trainings, when specified in the training description, may have a deposit required for registration.

Training Title	Date	Time	Location	Fee*/ Deposit**	Office Use Only

**Trainings without fees or deposits may be emailed, faxed or mailed.
 Trainings with required fees or deposits must be mailed or dropped off at the office.**

For trainings in Carroll, DeKalb, Lee, Ogle, or Whiteside Counties send registration forms with all required fees/ deposits to: 4-C DeKalb, 155 N. Third St., Ste. 300, DeKalb, IL 60115 p. 815-758-8149 ext. 226 f. 815-758-5652

For trainings in McHenry County send registration forms with all required fees/deposits to:
 4-C McHenry, 667 Ridgeview Dr., McHenry, IL 60050 p. 815-344-5510 ext.10 f. 815-344-5520

4-C Registration and Training Policies

Pre-registration is required for all trainings. Participants may only register themselves. Registration for other parties will not be accepted. Most trainings offered by 4-C are free of charge to 4-C provider members. Participants are registered on a first come, first served basis upon receipt of a completed registration form *and* all relevant fees/deposits, until all spaces are filled. Prior to trainings, an email or letter is sent notifying participants of their registration status. The letter will state whether the participant is registered or placed on the waiting list for a training. In the interest of timeliness, it may sometimes be necessary to notify providers via phone or fax.

Fees and Deposits

Select trainings, when specified in the training description, may have a deposit required for registration. Statewide fees have been set for the following Quality Rating System (QRS) related trainings. These fees are non-refundable and non-transferable. 4-C membership not required for registration.

- ★ An Introduction to the Environment Rating Scales (ERS)—\$15
- ★ Getting Ready for the Program Administration Scale (PAS)—\$15
- ★ Getting Ready for the Business Administration Scale (BAS)—\$15
- ★ An Introduction to the Family Child Care Environment Rating Scale (FCCERS)—\$15

The “Quality Counts QRS Orientation” and “Level 1 ECE Credential” modules do not require membership and are free of charge.

CPR/First Aid Fees

There is a required non-refundable and non-transferable fee to register for CPR/First Aid trainings scheduled after January 1, 2012. Please do not combine CPR/First Aid fees with deposits for other trainings. CPR/First Aid trainings are open to providers 18 years and older working in child care settings in Carroll, DeKalb, Lee, McHenry, Ogle, and Whiteside counties.

- ♥ CPR/First Aid—\$20

Non-member Fees

Child care providers who work outside the 4-C service delivery area may register for most 4-C trainings. *Please note: CPR and First Aid classes are reserved for providers in the 4-C service delivery area.* Statewide fees apply to QRS related trainings (see above). There is a \$10 non-refundable fee for other 4-C trainings.*

*The “What is CCAP?” training is offered free of charge to any interested provider, parent or social service agency staff who would like to learn more about the Illinois Department of Human Services Child Care Assistance Program.

Please note:

Limits: Many trainings have an enrollment limit. Additionally, at times it may be necessary for 4-C staff to limit the number of registered participants from a single child care program.

Arrival Time: Admittance is closed 15 minutes after the advertised start time of the training.

Participants are encouraged to arrive several minutes before the scheduled starting time.

Children: Out of respect for the presenter and other participants, and for the well being of the child, children are not to attend 4-C trainings.

Participant Cancellation: Registered participants who cannot attend a training are asked to please call 4-C as soon as possible. Many trainings have a waiting list, so early notification may allow someone else to participate. Individuals who do not attend, and who do not call to cancel before the specified timeframe for a training with a cancellation/registration deadline requiring a deposit, forfeit their deposit.

Postponement or Cancellation: 4-C may need to cancel or postpone a training due to low registration, trainer illness, weather, or other emergencies. Every effort is made to reschedule trainings.

Clock Hour Documentation: At the conclusion of each class, participants receive a certificate indicating the title of the training, the curriculum (CDA content area) and the number of clock hours earned. Only those who attend the entire training will receive a certificate of credit for the clock hours awarded for that training. Training may meet the requirements of other credentials.

Replacement Certificates: Certificates will be re-issued at the request of the individual participant who completed the training. There will be a \$5.00 fee for a replacement certificate. The request must be made to the Professional Development Coordinator in writing and will be mailed within 10 business days from the time the request and fee is received.

Alternative CPR and First Aid Sites

4-C attempts to provide CPR and First Aid trainings on our training calendar to meet the needs of child care providers within our six county area. However, due to the increasing demand for these trainings, the following entities, as well as your local fire departments and park districts, may also offer CPR and/or First Aid trainings.

4-C trainings include CPR for infants, children and adults, First Aid, and AED and provide certification that is accepted by DCFS to meet licensing requirements.

Please note: It is the participant's responsibility to check the DCFS Licensing Regulations for CPR/FA requirements and verify that trainings offered by the entities listed below will cover all the components needed to meet DCFS Standards.

Carroll County Area

**Rock River
American Red Cross**
Rockford
(815) 963-8471

DeKalb County

American Red Cross
(815) 756-7339

Kishwaukee Community Hospital
(815) 756-1521 ext. 153618

Lee County

American Red Cross
Dixon
(815) 284-2829

Ogle County

Rochelle Community Hospital
(815) 562-2181

Whiteside County

American Red Cross
Rock Falls
(815) 625-0382

Lori Reubin
Lee, Ogle & Whiteside Counties
American Heart Association
815-622-1650

McHenry County Area

Advocate Health Care
Good Shepherd Hospital
Barrington
(800) 323-8622

Mercy Harvard Hospital
Harvard
(815) 943-8356

Mercy Woodstock Hospital
Woodstock
(815) 337-7100

Sherman Health System
Sherman Hospital, Elgin
(847) 742-9800

Ed Atkinson
Emergency Response
(815) 477-4819

Mark Dzwonkiewicz
CPR Works
American Heart Association
(815) 353-4528

Jim Tomasek
American Heart Association
(815) 404-8709

4-C CPR and First Aid Classes

4-C trainings include CPR for infants, children and adults, First Aid, and AED and provide certification that is accepted by DCFS to meet licensing requirements.

Important Information

A \$20 non-refundable and non-transferable fee is required to register for CPR/First Aid trainings scheduled after January 1, 2012.

Please do not combine CPR/First Aid fees with deposits for other trainings. CPR/First Aid trainings are open to providers 18 years and older working in child care settings in Carroll, DeKalb, Lee, McHenry, Ogle and Whiteside counties.

American Heart Association CPR & First Aid (2 Year Certification)

\$20 deposit required to register

- **Date:** Saturday, 11/19/2011 / Saturday, 12/10/2011

\$20 non-refundable and non-transferable fee required to register

- ♥ Saturday, 1/21/2012 / Saturday, 2/25/2012

- **Time:** 8:00 AM-1:30 PM
- **Location:** 4-C DeKalb, 155 N. Third St., Suite 300, DeKalb, IL 60115
- **Instructor:** Steve Kimmel, Director of Kishwaukee College Child Care Center
- **5 Clock Hours CDA Content Area: 1**

American Heart Association CPR & First Aid (2 Year Certification)

\$20 deposit required to register

- **Date:** Saturday, 11/12/2011 / Saturday, 12/10/2011

\$20 non-refundable and non-transferable fee required to register

- ♥ Saturday, 1/14/2012 / Saturday, 2/11/2012

- **Time:** 9:00 AM-2:00 PM
- **Location:** Sterling High School, (Open Sesame Child Care Center) 5th Ave Entrance, Sterling, IL 61081
- **Instructor:** Lori Reubin, Director, Sterling High School, Open Sesame Child Care Center
- **5 Clock Hours CDA Content Area: 1**

American Heart Association CPR & First Aid (2 Year Certification)

\$20 deposit required to register

- **Date:** Saturday, 11/5/2011 / Saturday, 12/3/2011

\$20 non-refundable and non-transferable fee required to register

- ♥ Saturday, 1/7/2012 / Saturday, 1/28/2012 / Saturday, 2/4/2012 / Saturday, 2/25/2012

- **Time:** 8:30 AM-1:00 PM
- **Location:** Baxter Credit Union (BCU), 415 S. Main St., Crystal Lake, IL 60014
- **Instructor:** Jim Tomasek, Assistant Director, Friendship House
- **4.5 Clock Hours CDA Content Area: 1**

Level 1 ECE Credential

The Level 1 ECE Credential is awarded and recognized by the Illinois Department of Human Services (IDHS). The Level 1 ECE Credential is a symbol of professional achievement that can be earned by completing the Level 1 ECE training modules.

The Level 1 ECE curriculum consists of 16 three-hour training modules.

This credential is for individuals interested in entering the field of early care and education and school-age care, new providers, and experienced providers without formal coursework in Early Care and Education. The Level 1 ECE Credential provides an opportunity to gain knowledge about the daily practices of high-quality child care practitioners.

Participants who complete the entire 48-hour training will receive their Level 1 ECE Credential, the first step on the Gateways to Opportunity Career Lattice. Go to <http://www.ilgateways.com/en/level-1-components-2> to view the Career Lattice.

In addition to meeting the needs of providers interested in achieving the Level 1 ECE Credential, the modules are open to all providers. 4-C MEMBERSHIP NOT REQUIRED TO REGISTER. FREE FOR ALL PARTICIPANTS.

Level 1 ECE Credential Modules:

Date: Saturday, 9/10/2011 (COMPLETED)

Module 1: Child Development Overview

This session is an overview in child development for children birth through early school-age. Emphasis will be on understanding basic milestones in development as well as on strategies used to promote the healthy development of children.

Module 2A: Health Issues for Children in Group Care

Ensuring a child's health and well-being requires more than basic first aid and emergency contacts. In this module, you will learn how to help the growth of healthy children—from the basics like hand washing to a more in-depth look at various practices surrounding health care.

Date: Saturday, 9/24/2011 (COMPLETED)

Module 2B: Nutrition Issues for Group Care

Whether you are responsible for providing a quick snack or a well-balanced meal, understanding children's dietary needs creates healthier and happier kids. Learn the basics of good nutrition, food safety, and various practices surrounding nutrition through this module that offers hands-on activities and practical discussions that will make science and good nutrition easy to understand.

Module 2C: Safety Issues for Group Care

A child's safety is the number one concern for parents and child care providers alike. In this module, you will identify tips for creating a safer group care environment, confront the issue of abuse and neglect, and learn more about emergency preparedness and first aid.

Date: Saturday, 10/22/2011 (COMPLETED)

Module 3: Observation and Guidance

To know how to best help children in your care, it is important to observe them and identify their specific needs. This session will define the different kinds of observation skills you can use when caring for children and how to offer more effective guidance and discipline.

Module 4: Learning Happens in Relationships

Our children are constantly responding to family members, teachers, and social relationships that help to shape their understanding of the world around them. This module explores how relationships between families, children, and teachers can help learning, and how crafting the environment around them can help children learn.

See training pages 10–20 to find more details on the upcoming trainings in November, January, and February.

Date: Saturday, 11/19/2011

Module 5: Family and Community Relationships

As our partner in child development, families—especially parents—directly affect a child’s learning. In this session, you will learn new ways of working with parents to help their children enjoy learning. You also will explore the social world of a family to be sure that the learning that takes place in your care is consistent with learning done at home.

Module 6: Personal and Professional Development

What does it mean to be a child care professional? How can you be sure you are getting the support and supplies you need? How can you set effective limits with parents and children alike? In this module, you will learn about your own professional development and how to take care of yourself so you can continue to care for others.

Date: Saturday, 1/21/2012

Module 7A: Child Development (Birth to 8 Months)

Newborns and young babies are developing at an incredible rate, causing them to have special needs unlike older children. In this session, you will understand how children from birth to 8 months learn and grow and how to individualize their care accordingly.

Module 7B: Child Development (8 to 18 Months)

This module explores development among children 8 to 18 months old. You will identify how this age group differs in growth and their approach to learning, and you will discover toys, games, and songs that are helpful and just right for their development.

Date: Saturday, 2/18/2012

Module 7C: Child Development (18 to 36 Months)

Toddlers are an energetic bunch who require plenty of stimulation and education. In this module of child development training, you will explore how children age 18 to 36 months learn language, learn to think, learn to move, and learn feelings so you can better nurture this often curious age group.

Module 8A: Preschool Social and Emotional Development

As children approach preschool-age their needs begin to change. This session is designed to better understand children as they approach school-age. You will identify characteristics of social and emotional development and learn techniques for promoting appropriate and effective discipline for preschool children.

Registration will open for the remaining modules in the following calendar. Dates are projected and details are to be determined.

Date: March 2012

Module 8B: Preschool Physical Development

As toddlers mature, their minds are not the only things growing at an incredible rate. You will understand the special areas of physical development in preschool-aged children. You also will learn about fine motor activities that will help preschoolers grow into their bodies while developing proper coordination and movement.

Module 8C: Preschool Language Development

Appropriate speech patterns and language skills are crucial to nurturing effective communications by preschoolers. This module on preschool development will explore how to use pictures and storybooks to lay the foundation for good reading and proper language use. This session comes complete with discussion on how to help children with special needs.

Date: April 2012

Module 8D: Preschool Cognitive Development

This module dives deeper into how preschoolers learn and you will identify tips for making learning fun. With suggestions for activities that encourage your preschoolers to explore numbers, shapes, colors, and science, this session gives all the information you need to grow and stretch the ability of children to think and understand.

Module 9: School-Age Development

This module looks at school-age children to uncover how their learning and growth differs from younger children. With tips on how to better care for school-aged youth, this module also offers you guidance on how to set rules and limits and to get your school-aged children to appreciate safety and respect.

Promoting Children's Success: Building Relationships

Intended Audience: All Providers

Participants will explore the importance of building relationships among children, families, and providers and recognize the relationship between children's social emotional development and challenging behaviors. Strategies to build positive relationships will be discussed.

- **Date/Time:** Monday, 11/7/2011, 6:30 PM-8:30 PM
- **Location:** 4-C DeKalb, 155 N Third St., Suite 300, DeKalb, IL 60115
- **Instructor:** Maggie Mosca, MSW, Early Childhood Mental Health Consultant
- **2 Clock Hours CDA Content Area: 3**

Embracing LGBT (Lesbian, Gay, Bisexual, Transgender) Children and Families—Taking the Next Steps

Intended Audience: All Providers

A previous training focused on why we, as early childhood providers, need to make intentional efforts to welcome all families. This session will expand the focus to include specific ideas related to embracing LGBT families within your curriculum and center practices. We will also talk more about the significance of gender expression and identity. Come and learn more about the anti-bias approach and how to make it work in your program.

- **Date/Time:** Thursday, 11/10/2011, 6:30 PM-8:30 PM
- **Location:** 4-C DeKalb, 155 N Third St., Suite 300, DeKalb, IL 60115
- **Instructor:** Diane Kubetz, Associate Professor, College of DuPage Early Childhood Education and Care program, Chris Kipp, Director, Northern Illinois University Campus Child Care and Jamie Peterson, Teacher, Northern Illinois University Campus Child Care
- **2 Clock Hours CDA Content Area: 2 (1.5 hrs), 3 (.5 hr)**

Medication Administration in the Child Care Setting

Intended Audience: All Providers

As child care providers you are often placed with the responsibility of administering medication. Join this training developed by the American Academy of Pediatrics to prepare you for handling medications in your program. Areas covered include: different types of medication, administration techniques, accurate documentation, adverse reactions, and appropriate policy development.

- **Date/Time:** Thursday, 11/10/2011, 6:30 PM-9:30 PM
- **Location:** MCDH–McHenry County Health Clinic/Animal Control Ctr., 100 N. Virginia St. (Rt.14), Crystal Lake, IL 60014
- **Instructor:** Kathy Urbanus-Bernero, 4-C Child Care Nurse Consultant
- **3 Clock Hours CDA Content Area: 1**

English Language Learners in Early Childhood

Intended Audience: All Providers

This training will help you understand the current research regarding English language learners in early childhood. Understand the development of speech and language in children learning multiple languages. Participants will apply their own cultural beliefs to today's diverse practices in English language learning.

- **Date/Time:** Tuesday, 11/15/2011, 7:00 PM-9:00 PM
- **Location:** Bethany Lutheran Church, 76 W. Crystal Lake Ave., Crystal Lake, IL 60014
- **Instructor:** Katie Zeman, Child Services Manager, Community Action Agency for McHenry County Head Start
- **2 Clock Hours CDA Content Area: 2**

Creative Curriculum for Preschool

Intended Audience: All Providers Caring for Preschool Age Children

Creative Curriculum for Preschool is a 15 hour training that provides a practical approach to planning for a learning environment that encourages individual development for preschool-aged children. It also encourages development of children's skill areas through block play, art, music and movement, cooking, computers, literature, and sensory play. **ATTENDANCE FOR BOTH DATES ARE REQUIRED FOR COMPLETION OF THIS TRAINING.**

- **Date/Time:** Saturday, 1/7/2012 & 1/14/2012, 8:00 AM-4:30 PM
- **Location:** 4-C DeKalb, 155 N Third St., Suite 300, DeKalb, IL 60115
- **Instructor:** Lorie Conn Stultz, M.Ed., Specialist in Quality Experiences for Children
- **15 Clock Hours CDA Content Area:** 1 (1.5 hrs.), 2 (2.5 hrs.), 3 (3.5 hrs.), 4 (1.5 hrs.), 5 (1.5 hrs.), 6 (1.5 hrs.), 7 (1.5 hrs.), 8 (1.5 hrs.)
- **CPDUs available upon request prior to the training.**



Tax and Recordkeeping for Family Child Care

Intended Audience: Family Child Care Providers Only

Does keeping up with current tax laws as it relates to self-employed business practices seem overwhelming? Learn what it means to be self-employed, deducting business expenses, tracking income and expenses, and gain other useful resources by attending this training.

- **Date/Time:** Tuesday, 1/10/2012, 6:30 PM-8:30 PM
- **Location:** CGH Hospital, 100 E LeFevre, Sterling, IL 61081
- **Instructor:** Mike Allen, Certified Public Accountant
- **2 Clock Hours CDA Content Area:** 5

40 Developmental Assets—Building Blocks to Healthy Development

Intended Audience: All Providers

This research based approach helps children develop skills so they can succeed and grow into successful adults who are able to make good decisions for themselves. This training will also explain how the Asset training helps create a healthier community, including positive role models, family and neighborhood support, and involvement in activities. Participants will receive ideas and activities to implement the assets in their programs and with parents.

- **Date/Time:** Wednesday, 1/11/2012, 6:30 PM-8:30 PM
- **Location:** CGH Hospital, 100 E LeFevre, Sterling, IL 61081
- **Instructor:** Kris Noble, BA, CADC Adolescent Substance Abuse Counselor, Lutheran Social Services of Illinois
- **2 Clock Hours CDA Content Area:** 2

The Ins and Outs of Tax and Recordkeeping for Family Child Care

Intended Audience: Family Child Care Providers Only

This training introduces practical information and advice that is useful to any family child care provider. Topics include the basics of self-employment taxes, recordkeeping, business use of the home, food expenses, and more. Participants will review examples of deductible expenses, cover schedules for tax payments, and discuss business and tax planning considerations. An overview of more complex tax issues, including depreciation and employers issues, will also be addressed.

- **Date/Time:** Wednesday, 1/11/2012, 6:30 PM-8:30 PM
- **Location:** House of Children, 2521 Harding Ln., Woodstock, IL 60098
- **Instructor:** John Louise, Certified Public Accountant
- **2 Clock Hours CDA Content Area:** 5

Special Care/Inclusion

Intended Audience: All Providers

Participants will receive information on caring for children with special needs in typical child care settings. The training helps increase the knowledge and comfort level of participants to enhance their ability to care for a child with special needs. This training meets DCFS standards requiring all family child care providers and center directors to obtain approved instruction in caring for children with special needs. *There will be a 30 minute lunch break at noon. Please bring a sack lunch or plan to purchase lunch at a nearby restaurant.*

- **Date/Time:** Saturday, 1/14/2012, 9:00 AM-3:30 PM
- **Location:** MCDH–McHenry County Health Clinic/Animal Control Ctr., 100 N. Virginia St. (Rt.14), Crystal Lake, IL 60014
- **Instructor:** Kathy Urbanus-Bernero, 4-C Child Care Nurse Consultant
- **6 Clock Hours** **CDA Content Area:** 3 (3 hrs.), 4 (1 hr.), 6 (1 hr.), 8 (1 hr.)
- **CPDUs** available upon request prior to the training.



Tax and Recordkeeping for Family Child Care

Intended Audience: Family Child Care Providers Only

Does keeping up with current tax laws as it relates to self-employed business practices seem overwhelming? Learn what it means to be self-employed, deducting business expenses, tracking income and expenses, and gain other useful resources by attending this training.

- **Date/Time:** Tuesday, 1/17/2012, 6:30 PM-8:30 PM
- **Location:** 4-C DeKalb, 155 N Third St., Suite 300, DeKalb, IL 60115
- **Instructor:** Mike Allen, Certified Public Accountant
- **2 Clock Hours** **CDA Content Area:** 5

★ What is CCAP?

Intended Audience: All Providers

Join this informative session to become more familiar with the Illinois Child Care Assistance Program's (CCAP) policy and procedures, including the application process, provider qualifications, payment process and parent co-payments. The CCAP is funded by the IL Department of Human Services. 4-C MEMBERSHIP NOT REQUIRED. FREE FOR ALL PARTICIPANTS.

- **Date/Time:** Wednesday, 1/18/2012, 6:30 PM-8:30 PM
- **Location:** 4-C DeKalb, 155 N Third St., Suite 300, DeKalb, IL 60115
- **Instructor:** Tracy Carls, 4-C CCAP Manager
- **2 Clock Hours** **CDA Content Area:** 5

★ Getting Ready for the PAS

Intended Audience: Center Directors and Administrators Only

Designed for child care center administrators, this session provides an overview of the Program Administration Scale (PAS). The PAS is designed to measure the quality of leadership and management practices of center-based early childhood programs. After completing this training, providers will have a basic knowledge of the PAS, be able to use the tool for program improvement, and know how to prepare for the PAS assessment. This training is required to apply for star levels 3 and 4 of the Quality Counts: Quality Rating System. 4-C MEMBERSHIP NOT REQUIRED. STATEWIDE NON REFUNDABLE FEE OF \$15.00 REQUIRED FOR REGISTRATION.

- **Date/Time:** Thursday, 1/19/2012, 9:00 AM-1:00 PM
- **Location:** 4-C McHenry, 667 Ridgeview Dr., McHenry, IL 60050
- **Instructor:** Linda Butkovich, Director of Evaluation, McCormick Tribune Center for Early Childhood Leadership, National Louis University
- **3.75 Clock Hours** **CDA Content Area:** 5



★ **Level 1 ECE—Child Development, Birth to 8 Months (Module 7A)**

Intended Audience: New Providers & Experienced Providers without Formal Coursework

See pages 8 & 9 for more information. Please note: There will be a 30 minute break at 11:30 AM for lunch. Please bring a sack lunch or plan to purchase a lunch at a nearby restaurant if attending both modules 7A and 7B.

- **Date/Time:** Saturday, 1/21/2012, 8:30 AM-11:30 AM
- **Location:** Shah Center, 4100 W. Shamrock Ln., McHenry, IL 60050
- **Instructor:** Lanay Jacobs, Gateways to Opportunity ITN-Curricula Trainer
- **3 Clock Hours CDA Content Area:** 3 (1 hr.), 8 (2 hrs.)



★ **Level 1 ECE—Child Development, 8 to 18 Months (Module 7B)**

Intended Audience: New Providers & Experienced Providers without Formal Coursework

See pages 8 & 9 for more information.

- **Date/Time:** Saturday, 1/21/2012, 12:00 PM-3:00 PM
- **Location:** Shah Center, 4100 W. Shamrock Ln., McHenry, IL 60050
- **Instructor:** Lanay Jacobs, Gateways to Opportunity ITN-Curricula Trainer
- **3 Clock Hours CDA Content Area:** 3 (1 hr.), 8 (2 hrs.)



Making Healthy Choices

Intended Audience: All Providers

Engaging families in good nutritional practices and obesity prevention can mean providing tools and resources to help them make good choices. This training will offer information on the dietary needs of young children and ways to prevent childhood obesity.

- **Date/Time:** Tuesday, 1/24/2012, 6:30 PM-8:30 PM
- **Location:** CGH Hospital, 100 E LeFevre, Sterling, IL 61081
- **Instructor:** Nancy Gehrke, M.S., R.D., LDN, Director of Foods and Nutrition Services, CGH Medical Center
- **2 Clock Hours CDA Content Area:** 1

Infant and Early Childhood Mental Health Decoded

Intended Audience: All Providers

This training will define infant and early childhood mental health. Learn the functions of attachment and how it affects infant mental health, the impact of culture on mental health, and red flags that call for referrals to mental health services. Discuss the providers' role in how mental health is integrated into the child care program.

- **Date/Time:** Tuesday, 1/24/2012, 6:30 PM-8:30 PM
- **Location:** Woodstock Public Library, 414 W. Judd St., Woodstock, IL 60098
- **Instructor:** Maggie Mosca, MSW, Early Childhood Mental Health Consultant
- **2 Clock Hours CDA Content Area:** 3

Challenging Behaviors: The Sifting Approach

Intended Audience: Center Staff

What causes challenging behaviors and what can you do about it? This research-based approach divides assessment of the behaviors into 3 steps to help identify underlying causes of behaviors. Discover how teachers are using this system to provide action plans for children and families.

- **Date/Time:** Wednesday, 2/1/2012, 6:30 PM-8:30 PM
- **Location:** 4-C DeKalb, 155 N Third St., Suite 300, DeKalb, IL 60115
- **Instructor:** Kristin Schultz, Interim Assistant Director, NIU Campus Child Care
- **2 Clock Hours** **CDA Content Area:** 3 (1 hr.), 4 (1.5 hr.)

A Framework for Best Practice: Developmentally Appropriate Practices for Preschoolers—Cognitive and Language Environments

Intended Audience: All Providers Caring for Preschoolers

Intentional teaching, where both adult and child-guided experiences are planned and delivered, provide an optimal learning environment for young children. In this training we will work together to build an understanding of a DAP framework, focusing on cognitive and language learning. You will learn how to think about your lesson planning and interactions with children in a way that makes them intentional, meaningful, and effective for preschool children.

- **Date/Time:** Monday, 2/6/2012, 6:30 PM-8:30 PM
- **Location:** 4-C DeKalb, 155 N Third St., Suite 300, DeKalb, IL 60115
- **Instructor:** Carrie Abbott-Walk, Early Learning Consultant
- **2 Clock Hours** **CDA Content Area:** 2

Assessment Portfolios

Intended Audience: All Providers

Each child is a unique individual and many programs use assessment tools to create a portfolio for the children they care for. Child care providers can monitor each child's developmental progress in all domains such as cognitive, social-emotional, and physical. Developing a portfolio from the assessment can be challenging. Learn how to administer an assessment, plan appropriate daily activities based on the observations recorded, and create a portfolio.

- **Date/Time:** Tuesday, 2/7/2012, 6:30 PM-8:30 PM
- **Location:** American Community Bank & Trust, 10101 Route 47, Huntley, IL 60142
- **Instructor:** Gloria Davis, Owner of Quality Child Care and Gateways to Opportunity ITN-Curricula Trainer, Mt Carroll
- **2 Clock Hours** **CDA Content Area:** 7

Art Appreciation 101

Intended Audience: All Providers

Believe it or not, even infants can begin to appreciate art. Learn how to introduce and talk with children of all ages about key factors that define art and elements that make up art forms. Discover creative ways to talk with children about their art work and how to acknowledge the art work of others.

- **Date/Time:** Wednesday, 2/8/2012, 6:30 PM-8:30 PM
- **Location:** Sauk Valley Community College, Room 2K2, 173 IL Route 2, Dixon, IL 61021
- **Instructor:** Janice McCoy, Family Life Educator, U of I Extension Office, Morrison
- **2 Clock Hours** **CDA Content Area:** 1

★ **Quality Counts QRS Orientation**

Intended Audience: All Providers

Quality matters in child care. Learn about the statewide Quality Counts Quality Rating System (QRS) that recognizes family child care and center based providers for quality with QRS award certification. Providers serving children on the state Child Care Assistance Program (CCAP) can also receive a bonus to the standard payment rate. The Orientation covers eligibility requirements, application process, and supports and resources available. A provider must attend this session prior to applying to QRS. 4-C MEMBERSHIP NOT REQUIRED. FREE FOR ALL PARTICIPANTS.

- **Date/Time:** Thursday, 2/9/2012, 6:30 PM-8:30 PM
- **Location:** Kreider Services, 500 Anchor Rd., Dixon, IL 61021
- **Instructor:** Stephanie Saville, 4-C Quality Rating System Specialist
- **2 Clock Hours** **CDA Content Area: 5**

★ **Getting Ready for the BAS**

Intended Audience: Family Child Care Providers Only

Designed for family child care providers, this session provides an overview of the Business Administration Scale (BAS). The BAS is designed to assess the quality of administrative practices of family child care businesses. After completing this training, providers will have a basic knowledge of the BAS, be able to use the tool for program improvement, and know how to prepare for the BAS assessment. This training is required to apply for star levels 3 and 4 of the Quality Counts: Quality Rating System. 4-C MEMBERSHIP NOT REQUIRED. STATEWIDE NON REFUNDABLE FEE OF \$15.00 REQUIRED FOR REGISTRATION.

- **Date/Time:** Saturday, 2/11/2012, 9:00 AM-12:00 PM
- **Location:** M.O.R.E Center, 829 Greenlee St., Marengo, IL 60152
- **Instructor:** Linda Butkovich, Director of Evaluation, McCormick Tribune Center for Early Childhood Leadership, National Louis University
- **2.75 Clock Hours** **CDA Content Area: 5**



Program for Infant Toddler Care (PITC)

Module Four: Culture, Family and Providers

Session 3: Working with the Feelings of Parents and Caregivers

Intended Audience: All Providers Caring for Infants and Toddlers

This session emphasizes the underlying emotional issues of infant care and their impact on the relationships between parents and infant care providers. The DVD "Protective Urges" is shown to present the major concepts this session addresses. Participants explore the heightened emotions parents feel when bringing their infants to an infant/toddler care program. In most cases, intensive protective feelings or "protective urges" comes naturally to parents. Participants also examine the protective feelings and emotional responses that child care providers experience when they care for infants. Activities offer strategies that infant care providers can use to ease parents' concerns about using infant/toddler care, as well as steps that they can take to work through their own feelings about relating to parents when dealing with difficult issues.

- **Date/Time:** Thursday, 2/16/2012, 7:00 PM-9:00 PM
- **Location:** Shah Center, 4100 W. Shamrock Ln., McHenry, IL 60050
- **Instructor:** Melissa Veljasevic, 4-C Infant Toddler Specialist
- **2 Clock Hours** **CDA Content Area: 3 (.5 hr.), 4 (.5 hr.), 5 (.5 hr.), 6 (.5 hr.)**



Illinois Early Learning Standards (IELS)

Intended Audience: All Providers Caring for Preschool Age Children

The IELS gives child care practitioners an overview of the program standards for children ages three to five. Practitioners are taught how to connect the standards with daily classroom practice. Through discussion and small group activities, practitioners will learn how to look at their classrooms and evaluate how the early learning standards are being met. There will be a 30 minute break at 11:30 AM for lunch. Please bring a sack lunch or plan to purchase lunch at a nearby restaurant.

- **Date/Time:** Saturday, 2/18/2012, 8:00 AM-2:30 PM
- **Location:** CGH Hospital, 100 E LeFevre, Sterling, IL 61081
- **Instructor:** Gloria Davis, Owner of Quality Child Care and Gateways to Opportunity ITN-Curricula Trainer, Mt Carroll
- **6 Clock Hours CDA Content Area:** 3 (3 hrs.), 4 (1 hr.), 6 (1 hr.), 8 (1 hr.)
- **CPDUs** available upon request prior to the training.



★ Level 1 ECE—Child Development, 18 to 36 Months (Module 7C)

Intended Audience: New Providers & Experienced Providers without Formal Coursework

See pages 8 & 9 for more information. Please note: There will be a 30 minute break at 11:30 AM for lunch. Please bring a sack lunch or plan to purchase a lunch at a nearby restaurant if attending both modules 7C and 8A.

- **Date/Time:** Saturday, 2/18/2012, 8:30 AM-11:30 AM
- **Location:** Shah Center, 4100 W. Shamrock Ln., McHenry, IL 60050
- **Instructor:** Lanay Jacobs, Gateways to Opportunity ITN-Curricula Trainer
- **3 Clock Hours CDA Content Area:** 3 (1 hr.), 8 (2 hrs.)



★ Level 1 ECE—Preschool Social and Emotional Development (Module 8A)

Intended Audience: New Providers & Experienced Providers without Formal Coursework

See pages 8 & 9 for more information.

- **Date/Time:** Saturday, 2/18/2012, 12:00 PM-3:00 PM
- **Location:** Shah Center, 4100 W. Shamrock Ln., McHenry, IL 60050
- **Instructor:** Lanay Jacobs, Gateways to Opportunity ITN-Curricula Trainer
- **3 Clock Hours CDA Content Area:** 3



Early Intervention—Communicating with Families

Intended Audience: All Providers

What is Early Intervention (EI) and the federal mandate for EI referrals? Do you have difficulty discussing sensitive issues with parents? This training will provide information on EI and the referral process as well as how to develop important communication skills and prevent conflicts with parents and guardians.

- **Date/Time:** Tuesday, 2/21/2012, 6:30 PM-8:30 PM
- **Location:** CGH Hospital, 100 E LeFevre, Sterling, IL 61081
- **Instructor:** Maggie Mosca, MSW, Early Childhood Mental Health Consultant
- **2 Clock Hours CDA Content Area:** 4 (1 hr.), 8 (1 hr.)



4-C Infant/Toddler Institute

Presented by: Lauren Wiley, M.Ed., Infant Mental Health Consultant

The Institute is for child care providers working with infants, toddlers and two-year-olds in child care centers and family child care programs.

November 19, 2011

Understanding Early Childhood Mental Health

ECMH reflects an approach to how we view and understand young children. This approach assumes a level of mental wellness, not mental illness which is what we typically think about when we use the term "mental health." Mental health has been defined as "the Capacity to Love Well and Work Well." (Freud) For young children, this can be understood as "the Capacity to Grow Well and Love Well". (NCTSN) In this training, we will look together at the skills and strategies necessary to understand the child's mental wellness by reflecting on influences to the child's ability to, (1) experience, express, and regulate emotions and recover from dysfunction; (2) establish trusting relationships and repair conflict, and (3) explore and learn. (NCTSN)

Training certificates will be given for 4 clock hours in CDA area 3.

**Continental
Breakfast 7:30 am
Training
8 am-12 pm**

**\$20.00 Deposit is
Required.**
*Registration will close
11/11/11. Cancellations
after the deadline will
forfeit their deposit.*

Kishwaukee College
21193 Malta Road
Malta, IL 60150

March 24, 2012

Helping Children Control Their Behavior

When we observe children's behavior, our minds automatically begin to make assumptions about the reasons and motives of the child. These assumptions are based on our experiences with children and our own histories. Looking at the behavior through an early childhood mental health lens offers an enhanced view because through this approach, we consider the internal processes in children's minds that are based on their experiences and own history. In this training, we examine children's internal working model of relationships formed in their earliest attachments and that functions as the template upon which all interactions with others is based and which guides their behavior. We will also examine our own internal processes based on our experiences and histories that guide our understanding and responses to the child.

Training certificates will be given for 4 clock hours in CDA area 3.

**Continental
Breakfast 7:30 am
Training
8 am-12 pm**

**\$20.00 Deposit is
Required.**
*Registration will close
3/16/12. Cancellations
after the deadline will
forfeit their deposit.*

McHenry County College
Conference Ctr. (Bldg B)
8900 US Hwy 14
Crystal Lake, IL 60012

4-C Infant/Toddler Institute Registration Form

Please copy and complete one for each attendee

Please check all that apply:

I would like to attend the event at Kishwaukee College on November 19, 2011.
Registration deadline: 11/11/11

I would like to attend the event at McHenry County College on March 24, 2012.
Registration deadline: 3/16/12

Each registration requires a **separate \$20 deposit**. Make checks payable to 4-C. Checks will be returned upon attendance at the event. **Cancellations after the deadline dates will forfeit their deposit checks.**

Name _____ Phone _____

Address _____ City _____ State _____ Zip _____

Email Address _____ Cell Phone _____

Email notification is the preferred method for registration status.

Please provide cell # in case of last minute changes.

Employer _____ Phone _____

Address _____

City _____ County _____ State _____ Zip _____

Address Preference for postal mail: ___ Work ___ Home

Licensed Status: ___ DCFS Licensed ___ License-Exempt ___ I am in the process of licensing

Do you currently care for children on IDHS' Child Care Assistance Program (CCAP)? ___ Yes ___ No

Family Child Care (FCC) Providers ONLY

Position: ___ FCC Owner ___ FCC Staff ___ I am in the process of becoming licensed

Check ALL ages currently enrolled: ___ Infants ___ Toddlers ___ Twos ___ Preschoolers ___ School-agers

Child Care Centers (CCC) ONLY

Position: ___ Director ___ Assistant Director ___ Teacher ___ Assistant Teacher

Check the primary age with which you currently work (choose only one):

___ Infants ___ Toddlers ___ Twos ___ Preschoolers ___ School-agers

College faculty and students

___ I am not employed at a child care program

Mail completed registration form and \$20 deposit check to:

For November 19, 2011 Event
4-C DeKalb
Kim Sciacero
155 North Third St., Ste 300
DeKalb, IL 60115

For March 24, 2012 Event
4-C McHenry
Katrina Gofron-Ellison
667 Ridgeview Drive
McHenry, IL 60050

Registration Questions? Call 4-C at 815-344-5510 ext. 16 or 815-758-8149 ext. 226.

Getting Ready for the BAS webinar training

This training is for **family child care practitioners** and provides an overview of the Business Administration Scale for Family Child Care (BAS). The BAS measures the quality of business practices in the family child care setting. After completing this training, participants will be able to use the tool for program self-assessment and improvement planning.

- **To access the webinar, you will need:**
a computer, Internet access, and a telephone or computer with microphone and speakers.
- **There is a \$15 fee for this webinar training**
(materials will be mailed to you prior to the training).
- **Attendance is limited to fifteen participants.**
- **To register,**
please email Carmen at carmen.adamczyk@nl.edu or call **847.947.5133**.

Upcoming training dates:

- **December 8th 6:30 to 9:30 PM** *(must register by November 21, 2011)*
- **February 8th 6:30 to 9:30 PM** *(must register by January 25, 2012)*
- **April 17th 6:30 to 9:30 PM** *(must register by April 3, 2012)*
- **June 20th 6:30 to 9:30 PM** *(must register by June 6, 2012)*



Sudden Infant Death Syndrome (SIDS) and the Child Care Profession—1 hr.
A Preventable Tragedy: Shaken Baby Syndrome (SBS)—1 hr.

Successful completion of both trainings meet DCFS pre-service requirements for Licensed Family Providers but are available to all providers for in-service training hours. A certificate of completion will be emailed to participants 3-5 business days following successful completion of the training.

Please visit and review directions on the Gateways to Opportunity Online Learning System at <http://elearning.ilgateways.com/>.

For each of the separate trainings you will need a one-time "enrollment key" which can be requested at ilearning@inccrra.org.

Please note, in order to participate in the online trainings you must have the following computer capabilities: Internet Explorer, audio/sound, and Flash Player. If you are unsure if online learning is the right option, you may find it helpful to complete the Online Readiness Survey found at <http://surveys.inccrra.org/online.survey>.

This key will help you determine the meaning of the following symbols used throughout the training calendar.

★ **QRS Related Training**—Trainings with the star symbol are tied to requirements at different star levels or training tiers within the Quality Rating System (QRS). The “What is CCAP?” training is highly recommended for programs interested in QRS, but not mandatory.

For more information about QRS contact a 4-C QRS Specialist. Centers contact Stephanie Saville at 815-758-8149, ext 223; Family Child Care programs contact Barb Christmas at 815-758-8149 ext. 296. To learn more about the eligibility requirements and the application process, visit the INCCRRA website at www.inccrra.org and attend the QRS Orientation listed on page 18.



The Gateways to Opportunity Registry includes a trainer and training approval process that will recognize and validate trainers and trainings that meet the standards and criteria of the Registry. Trainings with the registry seal have been reviewed and meet quality criteria approved by the Registry.

Become a Registry member and attend trainings to receive credit on your Registry Professional Development Record (PDR).

The Registry is a resource and tool to drive quality and accountability for early care and education, school-age, and youth development practitioners and programs.

Registry Membership provides a system to track professional attainment and completion of training requirements by individual practitioners, from college coursework to community-based training.

For Registry Members, the system will maintain a permanent record of these achievements (a PDR), which can be updated on a regular basis. Joining the Registry is *free* and EASY! Simply complete the participant application and mail it in.

The application can be found on the Gateways to Opportunity website at <http://registry.ilgateways.com/> or contact Gateways at (866) 697-8278.

CDA Content Areas

Content areas are noted in the descriptions of each workshop and also on the certificates given at the conclusion of each training.

Content Area 1- Planning a Safe & Healthy Learning Environment

Content Area 2- Steps to Advance Children’s Physical & Intellectual Development

Content Area 3- Positive Ways to Support Children’s Social & Emotional Development

Content Area 4- Strategies to Establish a Productive Relationship with Families

Content Area 5- Strategies to Manage an Effective Program Operation

Content Area 6- Maintaining a Commitment to Professionalism

Content Area 7- Observing & Recording Children’s Behavior

Content Area 8- Principles of Growth & Development



Gateways to Opportunity Professional Development Advisors (PDA) are available to assist you to identify and achieve your professional goals. Through this free service you can receive assistance ranging from selecting coursework, to developing a plan for success, to meeting your goals step-by-step. The role of the PDA is to help guide you in making plans for your current and future professional goals.

A Professional Development Advisor can help you:

- Explore careers in the field of early care and education
- Create a professional development plan
- Understand the difference between college certificates, degrees and credentials

For more PDA information connect with Gateways at www.ilgateways.com; pda@ilgateways.com; 866-697-8278.

Gateways Scholarship Program

provides funding for practitioners working in DCFS licensed child care centers and licensed family child/group care homes to obtain college credit and earn a degree or credential in Early Childhood Education (ECE) or Child Development.

A Gateways Scholarship can help pay 50% to 90% of the cost of tuition, fees and books.

For more information visit Gateways' website at www.ilgateways.com or call 866-697-8278.

Funding provided in whole or part by:



Great START builds on and compliments the Gateways Scholarship Program. Great START rewards child care professionals by supplementing their income based on education they have already attained above DCFS licensing standards.

Great START wage supplements are paid directly to the individual on a six-month schedule based on his/her continued employment at the same center/program.

Great START helps an agency retain employees, therefore increasing quality and consistent care to the children.

If you are interested in obtaining more information go to www.ilgateways.com or call Great Start at (866) 697-8278.

Gateways to Opportunity Credentials are symbols of professional achievement that can be earned by completing an approved program at an entitled college or university, or by completing a portfolio that documents education and experience, by completing the Level 1 ECE training.

Gateways offers a variety of credential opportunities to professionals in the field of early care and education, school-age, and youth development:

- Illinois Director Credential (IDC)
- ECE Credential
- Infant Toddler Credential (ITC)
- School-Age and Youth Development (under development)
- Level 1 ECE Credential

Find more information on the Gateways website at www.ilgateways.com or contact Gateways at (866) 697-8278.





Quality Rating System (QRS)

BE RECOGNIZED AND REWARDED FOR WHAT YOU ALREADY EMBRACE:
QUALITY CHILD CARE!

Child care programs can earn higher reimbursement rates for providing quality care to families utilizing the Child Care Assistance Program (CCAP). However, all providers can participate in QRS, regardless of whether they are paid through the CCAP. Licensed homes and centers are awarded one to four stars with an additional 5% added to their monthly check for each star achieved. A four star program would receive an additional 20% over and above the usual rate for their area.

License-exempt homes can participate in QRS by completing Level One ECE training modules. There are 3 training tiers that build upon the previous level. Upon completion of Tier 1, an additional 10% is reimbursed to license exempt providers, 15% is added at Tier 2, and 20 % at Tier 3.

4-C assists programs prepare for QRS by providing:

- ☆ Quality Rating System Orientation and classes required for QRS
- ☆ Other training opportunities to help programs meet QRS criteria
- ☆ General information about the application process and eligibility requirements
- ☆ On-site visits to assist programs in assessing the quality of their environment and business practices
- ☆ On-going consultation and mentoring
- ☆ Information about other funds and resources to help meet QRS criteria
- ☆ Complimentary resources and materials

To learn more about QRS and how 4-C can help, please contact our Quality Rating System Specialists at 815-758-8149 or 800-848-8727.

Center Programs contact: Stephanie ext. 223

Family Child Care Providers contact: ext. 296

4-C is proud of our partnership with the DeKalb and McHenry County Community Foundations. This exciting collaboration provides funds through the Community Works Initiative to support our work with the Quality Rating System. The above services are also funded in whole or part by the Illinois Department of Human Services.

