



## Alternate CPR/First Aid Classes for Child Care Providers

This list includes classes for certification from the American Red Cross, the American Heart Association or other entity approved by the Illinois Department of Public Health (IDPH).

To meet CCAP provider requirements and DCFS Licensing Regulations for CPR and First Aid requirements classes should include first aid, the Heimlich maneuver and infant/child cardiopulmonary resuscitation (CPR) by the American Red Cross or the American Heart Association, or other entity approved by the Illinois Department of Public Health. Classes must be taken in person, no online or blended learning accepted.

### For individuals looking for a local CPR and First Aid training:

Location	Organization/Certification	Number of hours	Fee	Location/Contact
DeKalb & Lee Counties	4-C: Community Coordinated Child Care (American Heart Association)	6	\$20 with 4-C membership	View the 4-C training calendar at <a href="http://www.four-c.org/provider_training_calendar.html">http://www.four-c.org/provider_training_calendar.html</a> or contact <a href="mailto:Amyp@four-c.org">Amyp@four-c.org</a> for upcoming training information. Classes held in DeKalb & Dixon.
Mt Carroll, Carroll County	Carroll County Health Department (American Heart Association)	4 - 5	Varies	Contact Sally Marken at 815-244-8855 to register. Must register in advance. Classes held at the Annex at 822 S Mill St, Mt Carroll.
Amboy, Lee County	Amboy Fire Department (American Heart Association)	Varies	\$25 per person	Contact the Amboy Fire Department at 815-857-2327 for more information.
Dixon, Lee County	KSB Hospital (American Heart Association)	6	\$50 per person	Contact Kelly Hildebrand at 815-285-5835 for more information.
Crystal Lake, McHenry County	ACT Fast Medical Training (American Heart Association)	4	\$50 for CPR/AED, \$50 for First Aid, or \$80 if taken together	Contact Tonya Franklin at 575-430-4470 or <a href="mailto:tonyaforil@gmail.com">tonyaforil@gmail.com</a> for one-on-one and group classes available at your site or at their Crystal Lake facility: 545 Dakota St. Suite B, Crystal Lake.
Crystal Lake, McHenry County	Crystal Lake Fire and Rescue Department (American Heart Association)	7	\$55 per person	Contact Annette at 815-356-3640 or <a href="mailto:akunes@crystallake.org">akunes@crystallake.org</a> . Classes held at 100 W. Woodstock St, Crystal Lake. Come in person to register.

Huntley, McHenry County	Huntley Fire Department (American Heart Association)	separate classes CPR (4 hrs) First Aid (4 hrs)	Huntley residents: Free; Non- residents: \$40 for each class	Contact Brian Harders at 224-569-2210 or bharders@huntleyfpd.org to register. Must register in advance. Classes held at the Annex at 11118 Main St, Huntley.
Johnsburg, McHenry County	McHenry Township Fire Protection District (American Heart Association)	4 - 6	\$45 per person	Contact Rebecca Rosner at 815-385-0075, cprinfo@mtfpd.org, or find the class schedule at <a href="http://www.mtfpd.org/2161/Public-CPR-Classes">http://www.mtfpd.org/2161/Public-CPR-Classes</a> . Classes held at Fire Station 2, 3710 Johnsborg Rd, Johnsburg.
McHenry, McHenry County	4-C: Community Coordinated Child Care (American Heart Association)	5	\$20 per person with 4-C membership	Contact Beth at 815-344-5510 for availability or find the current schedule at <a href="http://www.four-c.org/provider_training_calendar.html">http://www.four- c.org/provider_training_calendar.html</a> .
Woodstock, McHenry County	Woodstock Fire Department (American Heart Association)	7	\$85 per person; contact for group pricing	Contact Brandon at 815-338-2621 or find the class schedule at <a href="http://www.wfrd.org/cpr%20program/">http://www.wfrd.org/cpr%20program/</a> . Register online. Classes held at Station #3, 2900 N. Raffel Road, Woodstock, IL 60098.
Rochelle, Ogle County	Rochelle Community Hospital (American Heart Association)	4	\$45	Register online: <a href="http://www.rochellehospital.com">www.rochellehospital.com</a>
Sterling, Whiteside County	CGH Hospital (American Heart Association)	Varies	Varies	Contact Conni Holder at <a href="mailto:conni.holder@cghmc.org">conni.holder@cghmc.org</a> for more information.

**To search online for other classes in your area:**

Varies	American Heart Association	4 - 6	varies	Search for classes in your area online <a href="http://www.heart.org">http://www.heart.org</a> or call 1-877-AHA-4CPR
Varies	American Red Cross	4.5 - 6	\$100 - \$120 per person	Search for classes in your area online at <a href="http://www.redcross.org/take-a-class/cpr">http://www.redcross.org/take-a-class/cpr</a> (class code: HSSFA415) or call 800-733-2767.

**For a child care program or group looking for a local CPR and First Aid Instructor to do an on-site training:**

Location	Organization/Certification	Number of hours	Fee	Location/Contact
DeKalb County	Emergency Response (approved by IDPH)	4	\$45 per person; minimum group size of 8 people	Contact Edward Atkinson at 815-477-4819 or <a href="mailto:cprcourse@aol.com">cprcourse@aol.com</a> for on-site CPR/First Aid classes for your child care program or group. <a href="http://www.cprclass.com">www.cprclass.com</a>
Carroll County	Savanna Fire Department (American Heart Association)	4 - 5	Varies	Contact Becky Jobin at 815-273-7002 or <a href="mailto:s.savannafgiredpt@mchsi.com">s.savannafgiredpt@mchsi.com</a> for on-site CPR/First Aid classes for your child care program or group.
McHenry County	ACT Fast Medical Training (American Heart Association)	4	\$25–\$50/person for group sizes of 3 or more	Contact Tonya Franklin at 575-430-4470 or <a href="mailto:tonyaforil@gmail.com">tonyaforil@gmail.com</a> . Also holds group classes at Crystal Lake facility: 545 Dakota St. Suite B, Crystal Lake
McHenry County	AHA Certified Instructor (American Heart Association)	5	\$200 for a group of up to 10 people	Contact Jim Tomasek at 815-404-8709
McHenry County	CPR Works (American Heart Association)	4	contact for pricing; fee negotiable	Contact Mark Dzwonkiewicz at 815-353-4528 Also holds small group classes in Crystal Lake.
McHenry County	Emergency Response Health Network (accepted by DCFS)	4	\$45 per person; minimum group size of 8 people	Contact Edward Atkinson at 815-477-4819 or <a href="mailto:cprcourse@aol.com">cprcourse@aol.com</a> . Website: <a href="http://www.cprclass.com">www.cprclass.com</a>
McHenry County	Lifesaver Educational Services (American Heart Association)	3 - 4	\$65 per person; minimum group size of 6 people	Contact Ken Sterling at 708-362-0246 or <a href="mailto:lifesaveredsvcs@sbcglobal.net">lifesaveredsvcs@sbcglobal.net</a>
McHenry County	Safety First (American Heart Association)	6	\$85 per person	Contact Gary Salvador at 630-880-2083 or <a href="mailto:safetyfirst1@comcast.net">safetyfirst1@comcast.net</a>
McHenry County	R. H. Sanders & Associates Emergency Response (accepted by DCFS)	4 - 5 for CPR & FA	\$35 per person for CPR and FA for minimum group size of 10 people or separate classes: \$20 per person for CPR & AED \$20 per person for First Aid	Contact Ronald Sanders at 800-869-9289 or <a href="mailto:cprwiz@hotmail.com">cprwiz@hotmail.com</a> . Website: <a href="http://www.cprwiz.com">www.cprwiz.com</a>

Please note: This is not an exhaustive list, but is reflective of the community options that we were aware of at the time this list was released. We make every effort to supply you with up to date information, but we cannot guarantee these options will meet DCFS licensing requirements. Please be aware this is a list of available options, not recommendations.