



Training Events Listing - Updated March 2019–June 2019 Training Calendar




| March | | | | |
|---|--|------------------|--|--|
| Date | Title | Time | Location | Fee |
| Saturday, 3/2/2019 Registration Deadline: 2/22/19 | Child Care University To Register, visit: http://Go.illinois.edu/ChildCareU | 8:30 AM-3:30 PM | Sauk Valley College | Fee: \$35 |
| Monday, 3/4/2019 | Power to the Profession: What it is, Why it Matters, and Next Steps | 6:30 PM-8:30 PM | 4-C Office, DeKalb | Fee: Non 4-C Members: \$10 4-C Members: free |
| Saturday, 3/9/2019 | ECE Credential Level 1 - Module 7a: Child Development (Birth to 8 Months) | 8:00 AM-11:00 AM | 4-C Office, DeKalb | Free training |
| Saturday, 3/9/2019 | ECE Credential Level 1 - Module 7b: Child Development (8 to 18 Months) | 11:30 AM-2:30 PM | 4-C Office, DeKalb | Free training |
| Saturday, 3/16/2019 | Child Development, Health and Safety Basics | 8:00 AM-12:00 PM | 4-C Office, DeKalb | Free training |
| Tuesday, 3/19/2019 |  Fundamentals of Child Assessment | 6:15 PM-9:15 PM | 4-C Office, DeKalb | Fee: \$10 non- refundable and non- transferable fee required to register. |
| Tuesday, 3/19/2019 | Creating Safe Environments for Children: What Every Child Care Professional Needs to Know | 6:00 PM-7:00 PM | 4-C Office, McHenry | Fee: Non 4-C Members: \$10 4-C Members: free |
| Thursday, 3/21/2019 | Build Relationships, Build Resilience: Supporting Families Exposed to Trauma | 6:30 PM-8:30 PM | Huntley Park District Rec Center | Fee: Non 4-C Members: \$10 4-C Members: free |
| Saturday, 3/30/2019 |  An Introduction to the Environment Rating Scales (includes the new ECERS-3) | 8:30 AM-12:30 PM | Big Brothers Big Sisters McHenry | Fee: \$10 non- refundable and non- transferable fee required to register. |

 ExceleRate Training available to all providers regardless of ExceleRate Circle of Quality. See training description for specific audience.

This is a printer friendly listing of our training events. The most up-to-date training information can be found on our electronic calendar at www.four-c.org/calendar. Visit our website to search for trainings by keyword, category, and more.

April

| Date | Title | Time | Location | Fee |
|----------------------------------|--|----------------------------------|--|---|
| Tuesday, 4/2/2019 | Recognizing and Reporting Child Abuse: Training for Mandated Reporters | 12:00 PM-2:00 PM | 4-C Office, DeKalb | Free training |
| Tuesday, 4/2/2019 | What is CCAP? | 2:15 PM-4:15 PM | 4-C Office, DeKalb | Free training |
| Thursday, 4/4/2019 | **Rescheduled** The Science of Challenging Behaviors | 6:30 PM-8:30 PM | 4-C Office, DeKalb | Fee: Non 4-C Members: \$10 4-C Members: free |
| Saturday, 4/6/2019 | Child Development, Health and Safety Basics | 8:00 AM-12:00 PM | CGH Hospital, Sterling | Free training |
| Saturday, 4/6/2019 | Child Development, Health and Safety Basics | 8:00 AM-12:00 PM | 4-C Office, McHenry | Free training |
| Tuesday, 4/9/2019 | ExceleRate Illinois Orientation: Family Child Care | 6:30 PM-8:30 PM | Big Brothers Big Sisters McHenry | Free training |
| Thursday, 4/11/2019 |  An Introduction to Transitions | 6:00 PM-9:00PM | 4-C Office, McHenry | Fee: \$10 non-refundable and non-transferable fee required to register. |
| Thursday, 4/11/2019 | Supporting Our Youngest Learners Experiencing Homelessness | 6:00 PM-8:00 PM | Sterling/Rock Falls Child Care, Sterling | Fee: Non 4-C Members: \$10 4-C Members: free |
| Saturday, 4/13/2019 | ECE Credential Level 1 - Module 7c: Child Development (18 - 36 Months) | 8:00 AM-11:00 AM | 4-C Office, DeKalb | Free training |
| Saturday, 4/13/2019 | ECE Credential Level 1 - Module 8a: Preschool Social and Emotional Development | 11:30 AM-2:30 PM | 4-C Office, DeKalb | Free training |
| Saturday, 4/13/2019 | Pyramid Model Module 1: Creating a Win-Win: A Team Approach to Strengthening Young Children's Social And Emotional Skills | 8:30 AM-3:00 PM, 30 min lunch | Big Brothers Big Sisters McHenry | Fee: Non 4-C Members: \$10 4-C Members: free |
| Saturday, 4/13/2019 |  Off the Shelf and Into Practice: Using Your Curriculum Every Day | 8:30 AM-12:00 PM | 4-C Office, DeKalb | Free training |
| Saturday, 4/13/2019 | Program for Infant Toddler Care (PITC): Social-Emotional Growth and Socialization - Module 1 | 8:00 AM-4:30 PM | CGH Hospital, Sterling | Fee: Non 4-C Members: \$10 4-C Members: free |
| Wednesday, 4/24/2019 & 5/15/2019 | Suspending Early Childhood Expulsion Providers must attend both dates to receive credit | 9:00 AM-11:00 AM | 4-C Office, DeKalb | Fee: Non 4-C Members: \$10 4-C Members: free |
| Saturday, 4/27/2019 | Illinois Early Learning Guidelines - Birth to Age Three | 8:30 AM-12:30 PM | CGH Hospital, Sterling | Free training |

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May

| Date | Title | Time | Location | Fee |
|----------------------|---|-------------------|--|---|
| Thursday, 5/2/2019 | Effective Interactions: Engaging Children with Challenging Behaviors | 6:30 PM-8:30 PM | Huntley Park District Rec Center | Fee: Non 4-C Members: \$10 4-C Members: free |
| Saturday, 5/4/2019 | Child Development, Health and Safety Basics | 8:00 AM-12:00 PM | 4-C Office, DeKalb | Free training |
| Saturday, 5/4/2019 | Program for Infant Toddler Care (PITC): Group Care - Module 2 | 8:00 AM-4:30 PM | CGH Hospital, Sterling | Fee: Non 4-C Members: \$10 4-C Members: free |
| Tuesday, 5/7/2019 | Stress Management | 6:15 PM-8:15 PM | Little Sprouts Daycare and Preschool, Lanark | Fee: Non 4-C Members: \$10 4-C Members: free |
| Saturday, 5/11/2019 | ECE Credential Level 1 - Module 8b: Preschool Physical Development | 8:00 AM-11:00 AM | 4-C Office, DeKalb | Free training |
| Saturday, 5/11/2019 | ECE Credential Level 1 - Module 8c: Preschool Language Development | 11:30 AM-2:30 PM | 4-C Office, DeKalb | Free training |
| Wednesday, 5/15/2019 | An Introduction to Contracts and Policies | 6:00 PM- 9:00 PM | 4-C Office, McHenry | Fee: Non 4-C Members: \$10 4-C Members: free |
| Saturday, 5/18/2019 |  An Introduction to the Environment Rating Scales (includes the new ECERS-3) | 8:30 AM-12:30 PM | 4-C Office, DeKalb | Fee: \$10 non-refundable and non-transferable fee required to register. |
| Saturday, 5/18/2019 | **Rescheduled from 11/15/18** STEAM for Infants and Toddlers: Facilitating Young Learner's Natural Discoveries | 8:30 AM-10:30 AM | Little Sprouts Daycare and Preschool, Lanark | Fee: Non 4-C Members: \$10 4-C Members: free |
| Saturday, 5/18/2019 | Respectful Care for Infants and Toddlers | 10:45 AM-12:45 PM | Little Sprouts Daycare and Preschool, Lanark | Fee: Non 4-C Members: \$10 4-C Members: free |
| Tuesday, 5/21/2019 | What is CCAP? | 6:00 PM-8:00 PM | YWCA of the Sauk Valley, Sterling | Free training |
| Wednesday, 5/22/2019 | Positive Guidance: Reframing Children's Challenging Behaviors to Support Children's Needs | 6:30 PM-8:30 PM | Big Brothers Big Sisters McHenry | Fee: Non 4-C Members: \$10 4-C Members: free |

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June

| Date | Title | Time | Location | Fee |
|---------------------|---|------------------|----------------------------------|---|
| Saturday, 6/1/2019 | Child Development, Health and Safety Basics | 8:00 AM-12:00 PM | CGH Hospital, Sterling | Free training |
| Tuesday, 6/4/2019 | Respectful Care for Infants and Toddlers | 6:30 PM-8:30 PM | Big Brothers Big Sisters McHenry | Fee: Non 4-C Members: \$10 4-C Members: free |
| Thursday, 6/6/2019 | Build Relationships, Build Resilience: Supporting Families Exposed to Trauma | 6:30 PM-8:30 PM | 4-C Office, DeKalb | Fee: Non 4-C Members: \$10 4-C Members: free |
| Saturday, 6/8/2019 | ECE Credential Level 1 - Module 8d: Preschool Cognitive Development | 8:00 AM-11:00 AM | 4-C Office, DeKalb | Free training |
| Saturday, 6/8/2019 | ECE Credential Level 1 - Module 9: School-Age Development | 11:30 AM-2:30 PM | 4-C Office, DeKalb | Free training |
| Saturday, 6/8/2019 |  An Introduction to the Environment Rating Scales (includes the new ECERS-3) | 8:30 AM-12:30 PM | CGH Hospital, Sterling | Fee: \$10 non-refundable and non-transferable fee required to register. |
| Saturday, 6/22/2019 |  Understanding and Planning for Continuous Quality Improvement | 8:30 AM-11:30 AM | CGH Hospital, Sterling | Fee: \$10 non-refundable and non-transferable fee required to register. |
| Saturday, 6/29/2019 | PCAN: Supportive Relationships with Infants, Toddlers and Their Families | 8:30 AM-4:30 PM | 4-C Office, DeKalb | Fee: \$15 non-refundable and non-transferable fee required to register. |
| Saturday, 6/29/2019 | Child Development, Health and Safety Basics | 8:30 AM-12:30 PM | 4-C Office, McHenry | Free training |

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CPR/First Aid Training

Training fee is waived for providers caring for families on the 4-C CCAP caseload or working in a child care center serving CCAP families in Carroll, DeKalb, Lee, McHenry, Ogle, or Whiteside counties. Reimbursement is available for providers taking CPR/First Aid outside of 4-C. See guidelines on the training calendar page of our website.

Providers not currently being paid by CCAP are required to pay the \$20 fee and have a current 4-C membership.

| <i>Date</i> | <i>Location</i> | <i>Time</i> |
|--------------------------|------------------------------|--------------------|
| Saturday, March 9, 2019 | CGH Medical Center, Sterling | 10:00 AM-2:00 PM |
| Saturday, March 16 2019 | 4-C McHenry Office, McHenry | 8:30 AM-1:30 PM |
| Saturday, March 30, 2019 | 4-C DeKalb Office, DeKalb | 8:00 AM-2:00 PM |
| Saturday, April 27, 2019 | 4-C McHenry Office, McHenry | 8:30 AM-1:30 PM |
| Saturday, April 27, 2019 | 4-C DeKalb Office, DeKalb | 8:00 AM-2:00 PM |
| Saturday, April 27, 2019 | CGH Medical Center, Sterling | 10:00 AM-2:00 PM |
| Saturday, May 4, 2019 | 4-C McHenry Office, McHenry | 8:30 AM-1:30 PM |
| Saturday, June 8, 2019 | CGH Medical Center, Sterling | 10:00 AM-2:00 PM |
| Saturday, June 15, 2019 | 4-C McHenry Office, McHenry | 8:30 AM-1:30 PM |
| Saturday, June 22, 2019 | 4-C DeKalb Office, DeKalb | 8:00 AM-2:00 PM |
| Saturday, June 29, 2019 | 4-C DeKalb Office, DeKalb | 8:00 AM-2:00 PM |

American Heart Association Heartsaver Pediatric First Aid, CPR & AED

Audience: Open to All Providers; Including providers participating in the Child Care Assistance Program

CPR/First Aid trainings are open to providers 18 years and older working in child care settings in Carroll, DeKalb, Lee, McHenry, Ogle and Whiteside counties.

4-6 Training Hours; Level of Learning: Introductory

Presenter(s): 4-C DeKalb Office: Steve Kimmel, Director, 4-C Resource and Referral Director; 4-C McHenry Office: Debra Peterson, RN, CCNC, CPR/First Aid Instructor; CGH Medical Center: April Johnson, CPR/First Aid Instructor

An Introduction to Contracts and Policies

Audience: Family Child Care Providers

Do you need to write your first contract and policy for your family child care program? Do you have a contract and policy but are wondering if it has everything you need? In this workshop we will identify the difference between contracts and policies, give examples of what goes into contracts and policies, and apply the information to new or current contracts and policies.

3 Training Hours; Level of Learning: Introductory

Presenter(s): Nicole Davis, 4-C Recruitment and Retention Coordinator/Referral Specialist

An Introduction to the Environment Rating Scales

Audience: All Providers

This training is for center-based programs and family child care providers and offers an overview of the Environment Rating Scales. The Environment Rating Scales are user-friendly assessment tools that measure the quality of the learning environment for infants through school-age children. After completing this training, participants will be able to use the tool(s) for program self-assessment and improvement planning.

4 Training Hours; Level of Learning: Intermediate

Presenter(s): May & June Training: Stephanie Budziak, 4-C Infant Toddler Child Care Specialist

March Training: Barb Christmas, 4-C Quality Specialist

An Introduction to Transitions

Audience: All Providers

Participants will recognize the effects of various types of transitions – including activity, classroom, program, family and community – on families and a child's learning and development. Participants will be provided with strategies to assist families in times of transition, as well as identify specific types of transitions that impact children and families.

3 Training Hours; Level of Learning: Introductory

Presenter(s): Cheryl Joseph, ITN Curricula Trainer

Build Relationships, Build Resilience: Supporting Families Exposed to Trauma

Audience: All Providers

This session will explore ways to support families, and build resilience in families who have experienced trauma. This training will help participants to recognize developmental concerns and behaviors that arise as a result of trauma. This session will explore strategies to help participants partner with families to build relationships in order to enhance protective factors that support children's social emotional growth and development.

2 Training Hours; Level of Learning: Introductory

Presenter(s): Maggie Mosca, MSW, 4-C Early Childhood Mental Health Consultant

Child Development, Health and Safety Basics

Audience: All Providers; including providers participating in the Child Care Assistance Program

This training will provide participants an overview of child development, health, and safety issues for children birth through early school-age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children – from the basics such as handwashing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.

4 Training Hours; Level of Learning: Introductory

Presenter(s): DeKalb and Whiteside County Training: Andrea Angileri, Ed.S., ITN Curricula Trainer

McHenry County: April: Nicole Davis, 4-C Recruitment and Retention Coordinator/Referral Specialist; June: Ruth van Duzer, ITN Curricula Trainer

Child Care University 2019 Conference

Audience: All Providers

Child Care University is a series of workshops just for you! Join us for a day of learning, fun and great door prizes. You will receive tons of information you can put to work in your child care setting.

Location: Sauk Valley College

Visit: go.illinois.edu/ChildCareU

*Apply for Individual Professional Development Funds (IPDF) to assist with the registration cost for this conference.

IPDF Application (http://www.four-c.org/grants_and_scholarships.html)

Contact: Jen S at 4-C with IPDF questions.

5.5 Training Hours

Creating Safe Environments for Children: What Every Child Care Professional Needs to Know

Audience: All Providers

You might believe that buying a popular brand name product, using a hand-me-down product that has already been “kid-tested”, or buying an expensive product means that it will be safe. But not all toys and nursery products are tested adequately for safety and some products can pose hidden hazards. This session will give an overview of specific product hazards and give parents and caregivers of young children potentially lifesaving information. Participants will leave with 3 steps to safety and important tools to keep children safe from dangerous products.

1 Training Hour; Level of Learning: Introductory

Presenter(s): Sabina Hanani, Graduate Intern, Kids in Danger

ECE Credential Level 1 - Module 7a: Child Development (Birth to 8 Months)

Audience: All Providers; including providers participating in the Child Care Assistance Program

Newborns and young babies are developing at an incredible rate, causing them to have special needs unlike older children. In this fourth class, you will understand how children from birth to 8 months learn and grow, and how to individualize their care accordingly. **Please note:** If you are attending modules 7a and 7b, there will be a 30 minute lunch break. Please bring a sack lunch or plan to purchase lunch at a nearby restaurant.

3 Training Hours; Level of Learning: Introductory

Presenter(s): Andrea Angileri, Ed.S., ITN Curricula Trainer

ECE Credential Level 1 - Module 7b: Child Development (8 to 18 Months)

Audience: All Providers; including providers participating in the Child Care Assistance Program

In this continuation of the first child development class, you will explore development among children 8 to 18 months old. You will identify how this age group differs in growth and their approach to learning, and you will discover toys, games, and songs that are helpful and just right for their development.

3 Training Hours; Level of Learning: Introductory

Presenter(s): Andrea Angileri, Ed.S., ITN Curricula Trainer

ECE Credential Level 1 - Module 7c: Child Development (18 to 36 Months)

Audience: All Providers; including providers participating in the Child Care Assistance Program

Toddlers are an energetic bunch who require plenty of stimulation and education. In this final section of child development training, you will explore how children age 18 to 36 months learn language, learn to think, learn to move, and learn feelings, so you can better nurture this often curious age group. **Please note:** If you are attending modules 7c and 8a, there will be a 30 minute lunch break. Please bring a sack lunch or plan to purchase lunch at a nearby restaurant.

3 Training Hours; Level of Learning: Introductory

Presenter(s): Andrea Angileri, Ed.S., ITN Curricula Trainer

ECE Credential Level 1 Module 8a: Preschool Social and Emotional Development

Audience: All Providers; including providers participating in the Child Care Assistance Program

As children approach preschool age, their needs begin to change. This is the first of four classes designed to better understand children as they approach school-age. You will identify characteristics of social and emotional development and learn techniques for promoting appropriate and effective discipline for preschool children.

3 Training Hours; Level of Learning: Introductory

Presenter(s): Andrea Angileri, Ed.S., ITN Curricula Trainer

ECE Credential Level 1 - Module 8b: Preschool Physical Development

Audience: All Providers; including providers participating in the Child Care Assistance Program

As toddlers mature, their minds are not the only things growing at an incredible rate. You will understand the special areas of physical development in preschool-aged children. You also will learn about fine motor activities that will help preschoolers grow into their bodies while developing proper coordination and movement. **Please note:** If you are attending modules 8b and 8c, there will be a 30 minute lunch break. Please bring a sack lunch or plan to purchase lunch at a nearby restaurant.

3 Training Hours; Level of Learning: Introductory

Presenter(s): Andrea Angileri, Ed.S., ITN Curricula Trainer

ECE Credential Level 1 - Module 8c: Preschool Language Development

Audience: All Providers; including providers participating in the Child Care Assistance Program

Appropriate speech patterns and language skills are crucial to nurturing effective communications by preschoolers. In this third class on preschool development, you will explore how to use a picture and storybooks to lay the foundation for good reading and proper language use. This class comes complete with discussion on how to help children with special needs.

3 Training Hours; Level of Learning: Introductory

Presenter(s): Andrea Angileri, Ed.S., ITN Curricula Trainer

ECE Credential Level 1 - Module 8d: Preschool Cognitive Development

Audience: All Providers; including providers participating in the Child Care Assistance Program

In this final session on preschool development, you will dive deeper into how preschoolers learn and identify tips for making learning fun. With suggestions for activities that encourage your preschoolers to explore numbers, shapes, colors, and science, this class gives all the information you need to grow and stretch the ability of children to think and understand. **Please note:** If you are attending modules 8d and 9, there will be a 30 minute lunch break. Please bring a sack lunch or plan to purchase lunch at a nearby restaurant.

3 Training Hours; Level of Learning: Introductory

Presenter(s): Andrea Angileri, Ed.S., ITN Curricula Trainer

ECE Credential Level 1 - Module 9: Preschool School-Age Development

Audience: All Providers; including providers participating in the Child Care Assistance Program

Completing the important section on child development, this class looks at school-age children to uncover how their learning and growth differs. With tips on how to better care for school-aged youth, this class also offers you guidance on how to set rules and limits and to get your school-aged kids to appreciate safety and respect.

3 Training Hours; Level of Learning: Introductory

Presenter(s): Andrea Angileri, Ed.S., ITN Curricula Trainer

Effective Interactions: Engaging Children with Challenging Behaviors

Audience: All Providers

This training will help early childhood professionals address challenging behaviors through active engagement and positive interactions. In this training, we will explore brain development and how it effects relationship with others in the classroom. Participants will explore the use of intrinsic motivation and natural, logical consequences to address challenging behaviors. Participants will leave with an understanding of how to implement social-emotional strategies to engage all children.

2 Training Hours; Level of Learning: Introductory

Presenter(s): Maggie Mosca, MSW, 4-C Early Childhood Mental Health Consultant

ExceleRate Illinois Orientation for Licensed Family Child Care

Audience: Family Child Care Providers Only

ExceleRate™ Illinois is the quality rating and improvement system for licensed family child care, licensed child care centers, Head Start, and Preschool for All programs. This orientation provides family child care providers an overview of the goals, quality indicators, benefits of participation, application process, and the system supports available for success at reaching each Circle of Quality.

2 Training Hours; Level of Learning: Introductory

Presenter(s): Barb Christmas, 4-C Quality Specialist

Fundamentals of Child Assessment

Audience: All Providers

Participants will be introduced to the essentials and importance of conducting child assessments in early childhood programs. Through discussion and group activities practitioners, will learn the different types of assessments, why assessments are needed, and how assessments are used to plan for children's learning.

3 Training Hours; Level of Learning: Introductory

Presenter(s): Lisa Schmidt, School of Family & Consumer Sciences, Northern Illinois University

Illinois Early Learning Guidelines Birth to Age Three

Audience: All Providers Caring for Children Birth to Age Three

This training gives early childhood practitioners an overview of program guidelines for children birth to age three. The training creates a foundational understanding for providers and practitioners in the field of what children birth to age three are expected to know and do across multiple domains.

4 Training Hours; Level of Learning: Intermediate

Presenter(s): Emily Reilly, M.S., ITN Curricula Trainer & Early Childhood Resource Specialist, STARNET Regions I and III

Off the Shelf and Into Practice: Using Your Curriculum Every Day

Audience: All Providers

This training gives participants an overview of important factors for implementing a curriculum as well as reviewing indicators of a high quality curriculum. Participants will identify strategies for using curriculum in their program every day and produce an action plan for implementing curriculum with fidelity into their program.

3.5 Training Hours; Level of Learning: Intermediate

Presenter(s): Ruth Van Duzer, ITN Curricula Trainer

PCAN: Supportive Relationships with Infants, Toddlers and Their Families

Audience: All Providers Caring for Infants and Toddlers

Through this training participants will look deeply at the relationship building process between caregivers, families and children. We will spend time identifying strategies to work effectively with parents, and examining participants' own cultural influences that contribute to views of child rearing and child development. A step-by-step reflective process is used to support caregiver practices as we define and relate healthy social-emotional development of infants and toddlers to relationships with parents and caregivers. There will be a 30 minute break. Please bring a sack lunch or plan to purchase lunch at a nearby restaurant.

7.5 Training Hours; Level of Learning: Intermediate

Presenter(s): Stephanie Budziak, 4-C Infant Toddler Child Care Specialist

Positive Guidance: Reframing Children's Challenging Behaviors to Support Children's Needs

Audience: All Providers

Explore what respectful care looks like when challenging behaviors occur and how caregiver responses can support or limit children during these fragile moments. Participants will reflect on beliefs and experiences with challenging behaviors to help identify children's emerging skills and typical development as an opportunity to support social-emotional needs. Participants will also engage in activities to learn how to reframe children's behaviors into opportunities to teach social and emotional skills, and develop their own skills and understanding of respectfully responding to children.

2 Training Hours; Level of Learning: Introductory

Presenter(s): Stephanie Budziak, 4-C Infant Toddler Child Care Specialist

Power to the Profession: What it is, Why it Matters, and Next Steps

Audience: All Providers

Are you a passionate early childhood professional who understands the importance of your work but feels like society does not recognize the value of early childhood education? Do you feel undercompensated for the work you do? Are you ready to have your voice heard? Come learn about the National Association for the Education of Young Children's Power to the Profession initiative and how you can become engaged in this important work. During this two-hour session, you will be provided with a summary of the Power to the Profession initiative, updates on current decision cycles and an opportunity to discuss ideas and concerns to inform future decision cycles. The goal of this workshop is to inform participants of this collaborative national initiative and provide participants with the knowledge and resources to be actively engaged in making a difference in improving the early childhood field.

2 Training Hours; Level of Learning: Introductory

Presenter(s): Emily Reilly, M.S., Early Childhood Resource Specialist, STARNET Regions I and III, Illinois AEYC Member

Program for Infant Toddler Care (PITC): Social-Emotional Growth and Socialization - Module 1

Audience: All Providers Caring for Infants, Toddlers and Twos

This first module begins with an overview of the basic concepts of early social-emotional growth and socialization and their application to the group care context. An emphasis is placed on the development of a nurturing relationship between the infant and caregiver. The overview addresses the importance of responsive caregiving, the individualization of care through an understanding of infant temperament, the critical role of family and culture in early identity development, and stages of emotional development. There will be a 30 minute break. Please bring a sack lunch or plan to purchase lunch at a nearby restaurant.

8 Training Hours; Level of Learning: Intermediate

Presenter(s): Stephanie Budziak, 4-C Infant Toddler Child Care Specialist

Program for Infant Toddler Care (PITC): Group Care - Module 2

Audience: All Providers Caring for Infants, Toddlers and Twos

This training introduces special considerations in caring for infants and toddlers and six program policies that support the development of emotionally secure relationships in the group care setting. An overview of the content explores the positive impact of responsive caregiving routines, well-designed learning environments, and individualized care on the well-being and development of children from birth to three. Attention is given to how policies of primary care, small groups, continuity of care, individualization of care, culturally responsive care, and inclusive care of children with special needs provide the foundation for high quality infant/toddler care. There will be a 30 minute break. Please bring a sack lunch or plan to purchase lunch at a nearby restaurant.

8 Training Hours; Level of Learning: Intermediate

Presenter(s): Stephanie Budziak, 4-C Infant Toddler Child Care Specialist

Pyramid Model Module 1: Creating a Win-Win: A Team Approach to Strengthening Young Children's Social And Emotional Skills

Audience: Center and Family Child Care Providers Caring for Children 3-5 years old

Interested in a calmer learning environment filled with supported, engaged children? Learn more about the relationship between challenging behavior and social emotional development in young children and the role of your own attitude about challenging behavior. Gather tips and tricks on building important relationships with children, families and coworkers as well as designing an effective preschool environment. Need help with transitions? Learn more about developing consistent schedules and routines to assist in structuring transitions. Finally, guidance is provided for use of ongoing monitoring and positive attention to support children's social/emotional behavior. Fill your toolbox today! A team of teacher(s) and administrator welcome. There will be a 30 minute break. Please bring a sack lunch or plan to purchase lunch at a nearby restaurant.

6 Training Hours; Level of Learning: Intermediate

Presenter(s): Barb Christmas, 4-C Quality Specialist

Recognizing and Reporting Child Abuse: Training for Mandated Reporters

Audience: All Providers

The purpose of this in-person training is to help all Illinois Mandated Reporters understand their critical role in protecting children by recognizing and reporting child abuse. Everyone who suspects child abuse or neglect should call the Illinois Department of Children and Family Services Child Abuse Hotline to make a report, but Mandated Reporters are required by law to do so.

2 Training Hours; Level of Learning: Introductory

Presenter(s): Nicole Davis, 4-C Recruitment and Retention Coordinator/Referral Specialist

Respectful Care for Infants and Toddlers

Audience: Providers caring for infants, toddlers and twos

What does respectful care for infants and toddlers mean? This session will explore what respect looks like in the practical context of caring for young children, including topics like guidance, socialization, environment, materials, equipment, interaction, observation, family and culture. Participants will also consider why the quality of care is so important to development in the first three years of life, and some strategies to make it all work as a busy caregiver. Participants will discuss several aspects of caring for infants and toddlers in groups and how to include practicing responsiveness to children as a model for respect.

2 Training Hours; Level of Learning: Introductory

Presenter(s): Stephanie Budziak, 4-C Infant Toddler Child Care Specialist

STEAM for Infants and Toddlers: Facilitating Young Learner's Natural Discoveries

Audience: All Providers Caring for Infants, Toddlers, and Twos

What is STEAM all about for our youngest learners? Providers will learn to recognize what STEAM concepts look like in developmentally appropriate learning experiences for infants and toddlers. Participants will also review the role of the provider in facilitating these experiences in infant toddler environments with materials that stimulate children's natural motivation to explore and discover. Participants will also engage in hands-on, interactive activities and discover ways to apply STEAM concepts to everyday caregiving through best practices.

2 Training Hours; Level of Learning: Introductory

Presenter(s): Stephanie Budziak, 4-C Infant Toddler Child Care Specialist

Stress Management

Audience: All Providers

Recognizing stress is the first step to learning how to manage it. This training will address different types of stress and how to manage it with positive lifestyles, support and relaxation techniques.

2 Training Hours; Level of Learning: Introductory

Presenter(s): Maggie Mosca, MSW, 4-C Early Childhood Mental Health Consultant

Supporting Our Youngest Learners Experiencing Homelessness

Audience: All Providers

This presentation will provide an overview of various programs and services that provide early education and family support to homeless infants, toddlers, and preschoolers and their families. Attendees will learn about the laws and regulations that govern these various programs and services and how they are aligned with the McKinney-Vento Act to meet the developmental and educational needs of young children experiencing homelessness. New ESSA (Every Student Succeeds Act) requirements related to preschool and early intervention will be discussed and strategies offered for meeting these new McKinney-Vento provisions.

2 Training Hours; Level of Learning: Introductory

Presenter(s): Deb Foust, McKinney-Vento Homeless Lead Area Liaison for Area 2, Regional Office of Education #47

Suspending Early Childhood Expulsion

Audience: Center Based Program Directors and Administrators Only

Part 1 The Basics: Are you aware of the recent legislation that provides critical protection for Illinois' youngest and most vulnerable children? Have you wondered, 'what exactly is the 'Expulsion Bill'? Or 'how will it affect my program'? Or 'where do I go for support'? This session will offer the opportunity for participants to gather with other administrators to discuss the bill and what it will look like in their program. This session will cover intent and requirements of the bill, processes to follow and information on resources available to help provide support for children's needs and challenging behaviors.

Part 2 Equity vs Equality: Exploring Implicit Bias in Early Childhood: The difference between equity and equality is the biggest argument for the bill in preventing expulsion in early childhood. Implicit bias leads to practices that exclude children and families who have likely been exposed to adverse life experiences. This training will allow participants to understand and explore their own implicit biases and how they impact the way they care for children and support families and staff. This training will allow administrators to understand and support staff in addressing their practices in order to help prevent the expulsion of children in early care and education programs.

4 Training Hours; Level of Learning: Intermediate

Presenter(s): Maggie Mosca, MSW, 4-C Early Childhood Mental Health Consultant

Understanding and Planning for Continuous Quality Improvement

Audience: All Providers

One of the distinguishing characteristics of high-quality early childhood programs is their ability to adapt to change. This training will explore the concept of Continuous Quality Improvement (CQI) as an essential component of first-rate programs. Through discussion and group activities, participants will learn the key features of this leadership philosophy, the steps in the CQI process, and how to create a Continuous Quality Improvement Plan (CQIP) to guide change.

3 Training Hours; Level of Learning: Introductory

Presenter(s): Barb Christmas, 4-C Quality Specialist

What is CCAP?

Audience: All Providers; interested providers, parents or social service agency staff who would like to learn more about the Illinois Department of Human Services Child Care Assistance Program

Join this informative session to become more familiar with the Illinois Child Care Assistance Program's (CCAP) policy and procedures, including the application process, provider qualifications, payment process and parent co-payments. The CCAP is funded by the IL Department of Human Services.

2 Training Hours; Level of Learning: Introductory

Presenter(s): Tracy Carls, 4-C CCAP Manager