

Training Events Listing-WEBINARS ONLY

March 2021 Training Calendar



March					
Date	Time	Location	Title	Trainer	Fee
Monday, 3/1/2021	6:00 pm- 8:00 pm	Online Webinar	No Shushing Please! Talking To Kids About Race	Andrea Cossey, 4-C Early Childhood Mental Health Consultant Maureen McMurrough, 4-C Social Emotional Consultant	Fee: Non 4-C Members: \$10, 4-C Members: Free
Tuesday, 3/2/2021 Thursday, 3/4/2021 Saturday, 3/6/2021	<u>Weekday times:</u> 6:00 pm- 7:30 pm <u>Saturday:</u> 9:00 am; Keynote immediately following	Online Conference	Child Care University To register or for more information, visit go.illinois.edu/childcareu	Various	\$20
Thursday, 3/11/2021	6:30 pm- 7:30 pm	Online Webinar	Lighten Your Load With Laughter	Emily Hummel, LMFT, Therapist at NM Kishwaukee Outpatient Behavioral Services	Fee: Non 4-C Members: \$10, 4-C Members: Free

Wednesday, 3/17/2021	6:00 pm- 7:30 pm	Online Webinar	Let's Get them Moving: Motor Development for Infant/Toddlers	Jodi York, Director, Mission Health Child Development Center	Fee: Non 4-C Members: \$10, 4-C Members: Free
Tuesday, 3/23/2021	6:00 pm- 8:00 pm	Online Webinar	Powerful Interactions: Connecting with Children	Andrea Cossey, 4-C Early Childhood Mental Health Consultant	Fee: Non 4-C Members: \$10, 4-C Members: Free
Thursday, 3/25/2021 Tuesday, 3/30/2021 <i>Online Assessment due: 4/18/2021</i>	6:00 pm- 9:00pm	Online Webinar	Program for Infant Toddler Care (PITC): Social-Emotional Growth and Socialization - Module 1 <i>Providers required to attend Part One, Part Two, and Online Assessment to receive credit</i>	Stephanie Budziak, 4-C Infant Toddler Child Care Specialist	Fee: Free

This is a printer friendly listing of our web-based training events. The most up-to-date training information can be found on our electronic calendar at www.four-c.org/calendar. Visit our website to search for trainings by keyword, category, and more.

Let's Get Them Moving: Motor Development for Infants/Toddlers

One of the major areas of development for our infants/toddlers is motor development. Infants require responsive care from the adults in their lives, proper nutrition and appropriately stimulating environments to support physical development. Understanding the quickly developing child will prepare you for providing the best possible environment for various stages of development. Learn how children develop from the top down and how you can foster that growth.

Audience: All Providers

1.5 Training Hours; Level of Learning: Introductory

Lighten Your Load with Laughter

Enjoy the lighter side of life and take time to laugh! Learn about the physical and psychological benefits of laughter and ways to build emotional habits that keep you smiling. The training will include Laughter Yoga exercises, which can be done in casual or professional clothes. No yoga poses or exercises will be included. The yoga reference in Laughter yoga focuses on breathing and calming techniques, not getting in downward dog! Join us in light-hearted fun while learning ways to build positive emotional habits and cultivate joy in your daily life. The trainer has a certification in Laughter Yoga and is very invested in sharing its physical and emotional benefits. The tools gained in this training would easily transfer to co-workers or even the children in your programs!

This training has a maximum of 15 participants as it is VERY interactive. Both audio and video will need to be left on for the entire training so that you can fully participate!

Audience: All Providers

1 Training Hour; Level of Learning: Introductory

No Shushing Please! Talking to Kids about Race

This training offers insight into the challenges teachers face in addressing questions and comments about racial differences. General guidance in responding to children's natural curiosities about physical differences will also be included. We'll discuss common reasons why the topic of race is often avoided in early childhood settings.

Audience: All Providers

2 Training Hours; Level of Learning: Introductory

Program for Infant Toddler Care (PITC): Social-Emotional Growth and Socialization - Module 1

Social-Emotional Growth and Socialization explores topics on social-emotional development in the first three years, temperaments of children and caregivers, socialization, guidance and discipline, environments, and gaining and understanding of children's behavior. Training will begin with an overview of the basic concepts of early social-emotional growth and socialization and their application to the group care context. An emphasis is placed on the development of nurturing relationship between the infant and caregiver. The overview addresses the importance of responsive caregiving, the individualization of care through an understanding of infant temperament, the critical role of family and culture in early identity development, exploring developmentally appropriate play strategies with ages of infancy, creating supportive physical environments and stages of emotional development. —*This is a hybrid training and participants must complete the live virtual webinar portions **and** online assessment to receive credit.*

Audience: All Providers Caring for Infants, Toddlers, and Twos

8 Total Training Hours; Level of Learning: Intermediate

Gateways Infant Toddler Credential (ITC) Approved Training—HGD: 8 hours

Powerful Interactions: Connecting with Children

This training will look at positive staff/child interactions and describe the three components of these interactions. We will discuss the three parts of the brain and their function; look at why showing patience and support to children is so important; examine noticing and describing as forms of interaction. Participants will look at obstacles to having powerful interaction with children as well as the keys to positive interactions. Finally, we will discover the difference between everyday interactions and powerful interactions.

Audience: All Providers

2 Training Hours; Level of Learning: Introductory