


Training Events Listing-WEBINARS ONLY

December 2021 Training Calendar



December							
Date	Time	Location		Title	Trainer	Fee	Registration Deadline
Tuesday, 12/7/2021	6:00 pm- 8:00 pm	Online Webinar		Self Care: Are you Worth It?	Andrea Cossey, Early Childhood Mental Health Consultant. Maureen McMurrrough, CADC; Emotional Support Specialist	Fee: Non 4-C Members: \$10, 4-C Members: Free	Monday,, 11/29/2021
Thursday, 12/9/2021	6:30 pm- 8:00 pm	Online Webinar		Learning Methods that Work,..For You and the Children	Jodi York, Manager, Mission Health Child Dev. Center	Fee: Non 4-C Members: \$10, 4-C Members: Free	Wednesday, 12/1/2021

 --Image indicates Training Meets CCAP Health and Safety Requirements


This is a printer friendly listing of our web-based training events. The most up-to-date training information can be found on our electronic calendar at www.four-c.org/calendar. Visit our website to search for trainings by keyword, category, and more.

December (ctd)

Thursday, 12/16/2021	6:30 pm-8:00 pm	Online Webinar		Positive Guidance to Support Toddler Behavior	Stephanie Budziak, Infant Toddler Specialist, 4C	Fee: Non 4-C Members: \$10, 4-C Members: Free	Monday, 12/8/2021
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January							
Date	Time	Location		Title	Trainer	Fee	Registration Deadline
Thursday, 1/20/2021 Thursday, 1/27/2021	6:00 pm- 9:00 pm	Online Webinar		Program for Infant Toddler Care Module 1: Social-Emotional Growth & Socialization	Stephanie Budziak, 4-C Infant Toddler Child Care Specialist	Fee: Free Training	Tuesday, 12/17/2021

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Self-Care: Are You Worth It?

Child Care Professionals naturally focus intently on meeting the needs of the children and families they serve. Unfortunately, when they care for others but neglect themselves, they risk experiencing stress and burnout. This training highlights the importance of self-care for the child care professional. We will examine the physical and mental impact of stress and explore strategies to combat stress by practicing self-care. We will identify practical ways for child care professionals to incorporate healthy self-care.

Audience: All Providers

2 Training Hours; Introductory Level: staff, admins, all ages of care

Learning Methods that Work...For You and the Children

High quality early childhood programs utilize research-based learning methods that encourage critical thinking, creativity, problem-solving, communication and collaboration to help develop the whole child. Early childhood and preschool years are a time for children to fall in love with education. With the right program, children can grow and learn in ways that best suit their unique mind. Young children learn through meaningful hands-on experiences and a learning environment that encourage them to explore and discover. This training will explore the main preschool approaches and assist you with determining which methods works best for your teaching philosophy and tactics. Develop a program that meshes your teaching style with the children's desire to learn and explore.

Audience: All Providers

1.5 Training Hours: Introductory Level/Infant-Toddler, twos, preschool

Positive Guidance to Support Toddler Behavior

Toddler behavior can sometimes feel challenging to adults who work with them , and positive guidance can go a long way in helping toddlers to learn socialization skills that are developmentally appropriate and support their developing skills of communicating their needs and wants. In this training, participants will distinguish what is appropriate, important, and expected for toddler behavior, as well as examine what is expected of and desired for teachers to guide behavior. We will also identify strategies for appropriate responsive, positive guidance in the caregiving setting.

Audience: All Providers

1.5 Training Hours: Intermediate Level; infant toddler