



## Alternate CPR/First Aid Classes for Child Care Providers

This list includes classes for certification from the American Red Cross, the American Heart Association or other entity approved by the Illinois Department of Public Health (IDPH).

To meet CCAP provider requirements and DCFS Licensing Regulations for CPR and First Aid requirements classes should include first aid, the Heimlich maneuver and infant/child cardiopulmonary resuscitation (CPR) by the American Red Cross or the American Heart Association, or other entity approved by the Illinois Department of Public Health. Classes must be taken in person or blended. If taken a blended learning course, an in-person skills evaluation must be included. No online only classes will be accepted.

### For individuals looking for a local CPR and First Aid training:

Location	Organization/Certification	Length of Training	Fee	Location/Contact
All Counties	4-C: Community Coordinated Child Care (American Heart Association)	4 hours	\$20 with 4-C membership	View the 4-C training calendar at <a href="http://www.four-c.org/provider_training_calendar.html">http://www.four-c.org/provider_training_calendar.html</a> or contact the office at 815-758-8149 for upcoming training information.
Mt Carroll, Carroll County	Carroll County Health Department (American Heart Association)	Varies	Varies	Contact 815-244-8855 to register. Must register in advance. Classes held at the Carroll County Health Department at 822 S Mill St, Mt Carroll.
Dixon, Lee County	KSB Hospital (American Heart Association)	6 hours	\$80 per person; includes workbook & lunch	Contact Kelly Hildebrand at 815-285-5835 or <a href="mailto:khildebrand@ksbhospital.com">khildebrand@ksbhospital.com</a> for more information.
Crystal Lake, McHenry County	ACT Fast Medical Training (American Heart Association)	4 hours	\$60 for CPR/AED, \$60 for First Aid, or \$80 if taken together  <i>Current Spring/Summer Special: \$70 if taken together</i>	Contact Tonya Franklin at 575-430-4470 or <a href="mailto:tonyaforil@gmail.com">tonyaforil@gmail.com</a> for one-on-one and group classes available at your site or at their facility: 5513 Swanson Rd. in Woodstock.

Huntley, McHenry County	Huntley Fire Department (American Heart Association)	<u>In-person:</u> 3 hours  <u>Blended:</u> Online portion: self-paced Skills Evaluation: 15 minutes	<u>In-person:</u> Huntley residents: \$20 Non-residents: \$40  <u>Blended Learning:</u> \$15 + \$20 in-person skills evaluation	Contact Lt. Kelly Gitzke at 224-654-6868 or <a href="mailto:kgitzke@huntleyfpd.org">kgitzke@huntleyfpd.org</a> with questions or registration needs. Register at <a href="http://www.huntleyfpd.org/cpr-classes">www.huntleyfpd.org/cpr-classes</a> . Must register in advance.
Johnsburg, McHenry County	McHenry Township Fire Protection District (American Heart Association)	<u>In-person:</u> 4 hours  <u>Blended:</u> Online: 2-3 hours Skills Validation: 45-90 minutes	\$55 per person	Contact 224-760-0242 or <a href="mailto:sparky@fire.mtfpd.org">sparky@fire.mtfpd.org</a> to register. For more information, visit <a href="https://www.mtfpd.org/public-ed/page/cpr">https://www.mtfpd.org/public-ed/page/cpr</a>
Woodstock, McHenry County	Woodstock Fire Department (American Heart Association)	7	\$85 per person for Heartsaver CPR & First Aid Course; contact for group pricing	To register, visit <a href="https://www.wfrd.org/class-registration">https://www.wfrd.org/class-registration</a> or contact <a href="mailto:cpr@wfrd.org">cpr@wfrd.org</a> with questions. Classes held at Station #3, 2900 N. Raffel Road, Woodstock, IL 60098.
Rochelle, Ogle County	Rochelle Community Hospital (American Heart Association)	4	\$50	Register online: <a href="http://www.rochellehospital.com">www.rochellehospital.com</a>
Sterling, Whiteside County	CGH Hospital (American Heart Association)	Varies	Varies	Contact 815-625-0400 for more information.
Varies	Jennifer Schwartz (American Heart Association)	Varies depending on group size	\$70 per person for Heartsaver Pediatric CPR & First Aid course including workbook and e-cards	Contact Jennifer Schwartz at <a href="mailto:jennifers@four-c.org">jennifers@four-c.org</a>

**To search online for other classes in your area:**

Varies	American Heart Association	4 – 6	varies	Search for classes in your area online <a href="http://www.heart.org">http://www.heart.org</a> or call 1-877-AHA-4CPR
Varies	American Red Cross	4.5 - 6	varies	Search for classes in your area online at <a href="http://www.redcross.org/take-a-class/cpr">http://www.redcross.org/take-a-class/cpr</a> (class code: HSSFA415) or call 800-733-2767.

**For a child care program or group looking for a local CPR and First Aid Instructor to do an on-site training:**

Location	Organization/Certification	Number of hours	Fee	Location/Contact
All McHenry County	Child Care Training Resource, LLC (American Heart Association/American Health and Safety Institute)	5	American Heart Association CPR & First Aid: \$50 per person  American Health and Safety Institute CPR & First Aid: \$40 per person  (4 person minimum)	Contact Deb Peterson at 248-875-6528 or at <a href="mailto:cctr333@gmail.com">cctr333@gmail.com</a>
McHenry County	ACT Fast Medical Training (American Heart Association)	4	\$60 for CPR/AED, \$60 for First Aid, or \$80 if taken together  <i>Current Spring/Summer Special: \$70 if taken together</i>	Contact Tonya Franklin at 575-430-4470 or <a href="mailto:tonyaforil@gmail.com">tonyaforil@gmail.com</a> for one-on-one and group classes available at your site or at their facility: 5513 Swanson Rd. in Woodstock.
McHenry County	CPR Works (American Heart Association)	4	contact for pricing; fee negotiable	Contact Mark Dzwonkiewicz at 815-353-4528 Also holds small group classes in Crystal Lake.
McHenry County	Emergency Response Heath Network (accepted by DCFS)	4	\$45 per person; minimum group size of 8 people	Contact Edward Atkinson at 815-477-4819 or <a href="mailto:cprcourse@aol.com">cprcourse@aol.com</a> . Website: <a href="http://www.cprclass.com">www.cprclass.com</a>
McHenry County	Lifesaver Educational Services (American Heart Association)	3 - 4	\$65 per person; minimum group size of 6 people	Contact Ken Sterling at 708-362-0246 or <a href="mailto:lifesaveredsvcs@sbcglobal.net">lifesaveredsvcs@sbcglobal.net</a>
McHenry County	Safety First (American Heart Association)	5	\$100 per person	Contact Gary Salvador at 630-880-2083 or <a href="mailto:safetyfirst1@comcast.net">safetyfirst1@comcast.net</a>

McHenry County	Titan CPR (accepted by DCFS)	varies	varies	Contact 1-800-869-9289 or use website form at <a href="https://titancpr.us/">https://titancpr.us/</a> to request a quote.
Varies	Jennifer Schwartz (American Heart Association)	Varies depending on group size	\$70 per person for Heartsaver Pediatric CPR & First Aid course including workbook and e-cards	Contact Jennifer Schwartz at <a href="mailto:jennifers@four-c.org">jennifers@four-c.org</a>

Please note: This is not an exhaustive list, but is reflective of the community options that we were aware of at the time this list was released. We make every effort to supply you with up to date information, but we cannot guarantee these options will meet DCFS licensing requirements. Please be aware this is a list of available options, not recommendations.