




## Training Events Listing

### January Trainings

January							
Date	Time	Location <i>Face to Face Trainings Noted in Purple</i>		Title	Trainer	Fee	Registration Deadline
Monday, January 8, 2024	6:00 pm- 8:00 pm	Online Webinar		Biting 101	Marquita Myles, 4-C Infant Early Childhood Mental Health Consultant	Fee: Non 4-C Members: \$10, 4-C Members: Free	Tuesday, January 2, 2024
Thursday, January 11, 2024  Thursday, January 18, 2024	6:00 pm- 9:00 pm	Online Webinar		Program for Infant Toddler Care (PITC) Module 1: Social-Emotional Learning & Socialization  <i>Must attend both sessions and complete online assessment for credit</i>	Stephanie Bentley, Joyful Insights Early Childhood Trainings & Consultation	Fee: Non 4-C Members: \$10, 4-C Members: Free	<b>Tuesday, 12/11/2023</b>

CCAP

--Image indicates Training Meets CCAP Health & Safety Requirements

January (ctd)							
Monday, January 22, 2024	6:00 pm- 8:00 pm	Online Webinar		Communicating Through Behaviors	Andrea Cossey, 4-C Early Childhood Mental Health Consultant	Fee: Non 4-C Members: \$10, 4-C Members: Free	Monday, January 15, 2024
Thursday, January 25, 2024	6:30 pm- 8:30 pm	Online Webinar		Big Changes, Big Emotions, Big Behaviors	Dr. Anni Reinking, Lead at Reinking Education Consulting	Fee: Non 4-C Members: \$10, 4-C Members: Free	Thursday, January 18, 2024
Monday, January 29, 2024	12:30 pm- 2:00 pm	Online Webinar		Understanding Children's Temperament	Marquita Myles, 4-C Infant Early Childhood Mental Health Consultant	Fee: Non-4-C Members: \$10, 4-C Members: Free	Monday, January 22, 2024
Thursday, February 15, 2024  Thursday, February 22, 2024	6:00 pm- 9:00 pm	Online Webinar		Program for Infant Toddler Care (PITC) Module 2: Group Care	Stephanie Bentley, Joyful Insights Early Childhood Trainings & Consultation	Fee: Non 4-C Members: \$10, 4-C Members: Free	<b>Tuesday, January 16, 2024</b>

\*\* Why all this talk of behavior? Challenges with behavior have been increasingly presented to consultants, trainers, and 4-C staff, so we are responding! Read each training description as each training has a different spin on behavior and is offered at various times of day. \*\*

## Big Changes, Big Emotions, Big Behaviors

Early childhood educators are experiencing changes and reflecting on child behavior since COVID. In this session, we will talk about the behavior challenges and changes in the classroom since COVID and ways to address these changes through strategies and changed mindsets.

**Audience: All Providers**

**Level of Learning: Introductory**

## Biting 101

Trying your best to understand the underlying cause of a toddler's biting will help you develop an effective response. Children bite in order to cope with a challenge or fulfill a need. What does it mean? Understanding child development? How to respond?

**Audience: All Providers**

**Level of Learning: Introductory**

## Communicating Through Behavior

All behavior has meaning. Many times, the challenge is interpreting what children are trying to communicate through their behaviors. During this training we will explore the meaning behind the behavior, as behavior is the most common way that children communicate their emotions, wants, and needs to adults. It is our responsibility to support and guide them as they communicate through behavior.

**Audience: All Providers**

**Level of Learning: Intermediate**

## Program for Infant Toddler Care (PITC) Module 1: Social-Emotional Learning & Socialization

Social-Emotional Growth and Socialization explores topics on social-emotional development in the first three years, temperaments of children and caregivers, socialization, guidance and discipline, environments, and gaining an understanding of children's behavior. Training will begin with an overview of the basic concepts of early social-emotional growth and socialization and their application to the group care context. An emphasis is placed on the development of a nurturing relationship between the infant and caregiver. The overview addresses the importance of responsive caregiving, the individualization of care through an understanding of infant temperament, the critical role of family and culture in early identity development, exploring developmentally appropriate play strategies with ages of infancy, creating supportive physical environments, and stages of emotional development. ---***This is a hybrid training and participants must complete the fact to face session and online assessment to receive credit.***

**Audience: All Providers Caring for Infants, Toddlers, and Twos**

**Level of Learning: Intermediate**

## Program for Infant Toddler Care (PITC) Module 2: Group Care

Group care introduces special considerations in caring for infants and toddlers and six program policies that support the development of emotionally secure relationships and mental health in the group care setting. An overview of the content of Module 2 explores the ideas of primary care, well-designed learning environments, positive impact of responsive caregiving routines, and individualized care on the well-being and development of children birth to age three. Attention is also given to how the policies of primary care, small groups, continuity of care, culturally responsive care, and inclusive care of children with special needs prove the foundation for high quality infant/toddler care. At the end of this module, participants will have the tools to use primary care in their home or classroom, make engaging environments, assist children in daily routines, and individualize care for all children. ---***This is a hybrid training and participants must complete the face-to-face session and online assessment to receive credit.***

**Audience: All Providers Caring for Infants, Toddlers, and Twos**

**Level of Learning: Intermediate**

## Understanding Children's Temperament

Temperament is the way children respond to the world. It influences the way children handle emotions, regulate behavior, feel around new people, and adapt to new situations. You can nurture a child's development by using strategies that suit their temperament. Nevertheless, the behavioral adjustment of young children depends a lot on the interactions between their temperament and yours and how others will respond to them-how comfortably they fit within their environment and the people around them. We will explore children's temperaments and how to respond.

**Audience: All Providers**

**Level of Learning: Introductory**



## CPR/First Aid Trainings



Training fee is waived for providers caring for families in Carroll, DeKalb, Lee, McHenry, Ogle, or Whiteside counties. Reimbursement is available for providers taking CPR/First Aid outside of 4-C. See guidelines on the training calendar page of our website.

**To register, providers are required to have a current 4-C membership.**

***All CPR/First Aid Trainings offered by 4-C qualify for both CCAP Health and Safety Training Hours and CCAP Health and Safety Orientation***

<b><i>Date</i></b>	<b><i>Location</i></b>	<b><i>Time</i></b>	<b><i>Trainer</i></b>	<b>Registration Deadline</b>
Saturday, January 13, 2024	Loveland Community House 513 W 2 <sup>nd</sup> St, Dixon	8:30 am-12:30 pm	Maria Lombardo, Director, Kishwaukee College Early Learning Center	Friday, January 5, 2024
Saturday, January 20, 2024	McHenry County Mental Health Board 620 Dakota St, Crystal Lake	8:30 am-12:30 pm	Annie Johnson, Assistant Director, The Growing Place	Monday, January 15, 2024
Wednesday, January 24, 2024	Northern Illinois University Child Development & Family Center 220 Annie Glidden Rd, DeKalb	6:00 pm-9:00 pm	Amy Lofthouse, Associate Director, Northern Illinois University Child Development & Family Center	Wednesday, January 17, 2024