




Training Events Listing

February Trainings

February							
Date	Time	Location <i>Face to Face Trainings Noted in Purple</i>		Title	Trainer	Fee	Registration Deadline
Thursday, February 1, 2024	6:30 pm- 7:30 pm	Online Webinar		Food Allergy Guidance for Early Childhood Staff	Kelly Cleary, MD, FAAP	Fee: Non 4-C Members: \$10, 4-C Members: Free	Thursday, January 25, 2024
Wednesday, February 7, 2024	6:30 pm- 8:00 pm	Online Webinar		Taxes and Recordkeeping for Family Child Care	Mike Allen, Certified Public Accountant	Fee: Non 4-C Members: \$10, 4-C Members: Free	Wednesday, January 31, 2024
Thursday, February 8, 2024	6:00 pm- 7:30 pm	Online Webinar		Supporting LGBT+ Young People	Erin Tinnon	Fee: Non 4-C Members: \$10, 4-C Members: Free	Thursday, February 1, 2024



--Image indicates Training Meets CCAP Health & Safety Requirements

February (ctd)

Tuesday, February 13, 2024	6:00 pm- 7:30 pm	Online Webinar		The New Professional's Quick Start Guide to the CCR&R System	Maggie Fern, 4-C Recruitment, Retention, and Outreach Specialist	Fee: Non 4-C Members: \$10, 4-C Members: Free	Tuesday, February 6, 2024
Thursday, February 15, 2024 Thursday, February 22, 2024	6:00 pm- 9:00 pm	Online Webinar		Program for Infant Toddler Care (Module 2): Group Care	Stephanie Bentley, Joyful Insights Child Development Trainings and Consultation	Fee: Non 4-C Members: \$10, 4-C Members: Free	<i>Tuesday, January 16, 2024</i>
Monday, February 26, 2024	6:00 pm- 8:00 pm	Online Webinar		Transforming the Difficult Child	Marquita Myles, 4-C Infant Early Childhood Mental Health Consultant	Fee: Non-4-C Members: \$10, 4-C Members: Free	Monday, February 19, 2024
Thursday, February 28, 2024	6:00 pm- 8:00 pm	Online Webinar		Moving Past Welcoming to... Belonging	Andrea Cossey, 4-C Early Childhood Mental Health Consultant Maureen McMurrough, 4-C Workforce Support Specialist	Fee: Non 4-C Members: \$10, 4-C Members: Free	Thursday, February 21, 2024

Upcoming March Trainings

****Take note of early registration date****

Thursday, March 21, 2024 Thursday, March 28, 2024	6:00 pm- 9:30 pm	Online Webinar		Program for Infant Toddler Care (Module 3): Learning and Development	Stephanie Bentley, Joyful Insights Child Development Trainings and Consultations	Free Training	<i>Thursday, February 22, 2024</i>
--	---------------------	-------------------	--	--	---	---------------	---

Food Allergy Guidance for Early Childhood Staff

This training will help early childhood staff understand food allergies and allergic reactions, create a safer and more inclusive environment for children with food allergies, learn signs and symptoms of an allergic reaction and how to treat anaphylaxis.

Audience: All Providers

Level of Learning: Introductory

Moving Past Welcoming to...Belonging

As Early Childhood Educators you have a great deal of experience when it comes to welcoming children and families. However, if we strive for family partnerships how can we move beyond just welcoming them into our program. How can we ensure that we are working towards creating an authentic sense of belonging for children and families? This training will help you engage in perspective taking around what belonging looks like in the ECE environment.

Audience: All Providers

Level of Learning: Introductory

Program for Infant Toddler Care (PITC) Module 2: Group Care

Group care introduces special considerations in caring for infants and toddlers and six program policies that support the development of emotionally secure relationships and mental health in the group care setting. An overview of the content of Module 2 explores the ideas of primary care, well-designed learning environments, positive impact of responsive caregiving routines, and individualized care on the well-being and development of children birth to age three. Attention is also given to how the policies of primary care, small groups, continuity of care, culturally responsive care, and inclusive care of children with special needs prove the foundation for high quality infant/toddler care. At the end of this module, participants will have the tools to use primary care in their home or classroom, make engaging environments, assist children in daily routines, and individualize care for all children. ---***This is a hybrid training and participants must complete the face-to-face session and online assessment to receive credit.***

Audience: All Providers Caring for Infants, Toddlers, and Twos

Level of Learning: Intermediate

Program for Infant Toddler Care (PITC) Module 3: Learning and Development

This session explores brain development, early learning and language development, and appropriate curriculum planning for infants and toddlers. PITC's view of infants as active, self-motivated learners is explained and the role of the caregiver in supporting infants' desire for exploration is considered. The perspective that is presented can be summed up in the following way: "All children are born wired for feelings and ready to learn" when provided nurturing relationships and a peaceful but engaging environment that supports all learners, including infants with special needs. Engaging discussion and activities support participant's learning.---***This is a hybrid training and participants must complete the face-to-face session and online assessment to receive credit.***

Audience: All Providers Caring for Infants, Toddlers, and Twos

Level of Learning: Intermediate

Supporting LGBTQ+ Young People

This training will support an introductory understanding of various gender and sexual identities for young people whose identity development includes connection to LGBTQ+ identities. The training will be both informative and conversational, and will make room to challenge outdated or problematic understandings of gender and sexuality. The goal is to increase individual capacity for understanding identity in service of being able to better support LGBTQ+ young people in your care. The expectation is that being affirming of LGBTQ+ youth leads to greater support and care for LGBTQ+ young people, and models important community wellbeing behaviors for youth of all genders and sexualities.

Audience: All Providers

Level of Learning: Intermediate

Taxes & Recordkeeping for Family Child Care

Does keeping up with current tax laws as it relates to self-employed business practices seem overwhelming? Learn what it means to be self-employed, how to track income and expenses, and what business expenses can be deducted. Gain other useful resources for tax planning.

Audience: All Providers

Level of Learning: Intermediate

The New Professional's Quick Start Guide to the CCR&R System

Most new early childhood professionals came to their job because they like children and they want to have an impact with their development. But many of the first steps for a new hire in the field are met with paperwork, setting up training accounts, understanding safe systems, etc. Also, many managers are stretched so thin that their time for hands-on help with these tasks is limited. This training will assist both the new staff and managers in completing parts of this onboarding process. Participants will learn about Gateways, the why and how, and actually walk through the process of setting up and account/learning how to use it to manage professional development requirements. We will look at scholarship assistance through Gateways and ECACE as well as review required trainings and how to self-report then. Finally, we will review the supports available through 4-C.

Audience: All Providers, including those who are new to the ECE field

Level of Learning: Introductory

Transforming the Difficult Child

During this workshop, providers will gain knowledge about utilizing the Nurtured Heart Approach created by Howard Glasser. The Nurtured Heart Approach is used in a variety of settings and can be utilized by childcare providers. The essence of the Approach is a set of core methodologies originally developed for working with the most difficult children. It has a proven impact on every child, including those who are challenged behaviorally, socially, and academically. The Nurtured Heart Approach provides steps toward shifting negative behavior and inspiring thriving relationships, not only with the children you care for but with all the people in your life.

Audience: All Providers

Level of Learning: Introductory



CPR/First Aid Trainings



Training fee is waived for providers caring for families in Carroll, DeKalb, Lee, McHenry, Ogle, or Whiteside counties. Reimbursement is available for providers taking CPR/First Aid outside of 4-C. See guidelines on the training calendar page of our website.

To register, providers are required to have a current 4-C membership.

All CPR/First Aid Trainings offered by 4-C qualify for both CCAP Health and Safety Training Hours and CCAP Health and Safety Orientation

<i>Date</i>	<i>Location</i>	<i>Time</i>	<i>Trainer</i>	<i>Registration Deadline</i>
Wednesday, February 21, 2024	Northern Illinois University Child Development & Family Center 220 Annie Glidden Rd, DeKalb	6:00 pm-9:00 pm	Amy Lofthouse, Associate Director, Northern Illinois University Child Development & Family Center	Wednesday, February 14, 2024
Saturday, February 24, 2024	McHenry County Mental Health Board 620 Dakota St, Crystal Lake	8:30 am-12:30 pm	Annie Johnson, Assistant Director, The Growing Place	Monday, February 19, 2024