



Training Events Listing March Trainings

March							
Date	Time	Location <i>Face to Face Trainings Noted in Purple</i>		Title	Trainer	Fee	Registration Deadline
Wednesday, March 6, 2024	6:00 pm- 8:00 pm	Online Webinar		An Introduction to Contracts and Policies for Child Care Centers	Maggie Fern, 4-C Resource, Referral, and Outreach Specialist	Fee: Non 4-C Members: \$10, 4-C Members: Free	Wednesday, February 28, 2024
Mondays: March 4, 2024 March 11, 2024 March 18, 2024 March 25, 2024	6:00 pm- 8:00 pm	Online Webinar		Circle of Security (Must attend all sessions for credit) <i>Enrollment is limited!</i>	Andrea Cossey, 4- C Early Childhood Mental Health Consultant	Fee: Non 4-C Members: \$10, 4-C Members: Free	Monday, February 26, 2024
Tuesday, March 19, 2024	6:00 pm- 8:00 pm	Online Webinar		Recognizing Traumatic Stress in Young Children	Marquita Myles, 4-C Infant Early Childhood Mental Health Consultant	Fee: Non 4-C Members: \$10, 4-C Members: Free	Tuesday, March 12, 2024

Upcoming March Trainings

****Take note of early registration date****

Thursday, April 25, 2024 Thursday, May 2, 2024	6:00 pm- 9:30 pm	Online Webinar		Program for Infant Toddler Care (Module 4): Culture, Family, and Providers	Stephanie Bentley, Joyful Insights Child Development Trainings and Consultations	Free Training	<i>Monday, March 25, 2024</i>
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An Introduction to Contracts and Policies for Child Care Centers

Do you need to write your first contract or policy for your center? Do you have an existing contract or policy but are wondering if it has everything you need? In this training, we will identify the difference between contracts and policies, give examples of what goes into them, and apply the information to new contracts and policies.

Audience: All Center Providers, including Center Leadership

Level of Learning: Introductory

Circle of Security

This series consists of four training sessions using an eight-chapter reading, video, and interactive discussion on an attachment approach that helps build caregivers' capabilities to view young children's behavior from a secure base and safe haven perspective and then identify the child's needs, challenges, and strengths. This enables caregivers to increase positive attachments with the children in their care, thus supporting positive developmental outcomes for young children. --***Participants must attend all four sessions to receive credit.***

Audience: All Providers

Level of Learning: Introductory

Program for Infant Toddler Care (PITC) Module 4: Culture, Families, and Providers

This training focuses on culture and its implication for families and providers. Participants will learn how family experiences, knowledge, and childrearing beliefs and practices can be incorporated into early care and classroom settings. Cultural expectations and biases will be explored, and participants will have the opportunity to increase their cultural awareness in terms of how their assumptions may affect their interaction with young children and families. Participants will demonstrate their understanding of how family structures, diversity in social, cultural, linguistic, or religious backgrounds influence family approaches to parenting in children birth to three, each other, and the community. Participants will understand how relationships among caregivers, infants/toddlers, and families can impact other child-family, child-practitioner, and practitioner-family relationships. ---***This is a hybrid training and participants must complete the face-to-face session and online assessment to receive credit.***

Audience: All Providers Caring for Infants, Toddlers, and Twos

Level of Learning: Intermediate

Recognizing Traumatic Stress in Young Children

Children are more vulnerable to being traumatized by accidents, pandemics, violent crimes, and other disasters. But with the right adult support, they are also able to recover faster. We will look at recognizing the signs of child traumatic stress and the impact that trauma may have on children. We will look at information on the prevalence and impact of traumatic events on children and what actions can be taken to support children when they experience traumatic events.

Audience: All Providers

Level of Learning: Intermediate



CPR/First Aid Trainings



Training fee is waived for providers caring for families in Carroll, DeKalb, Lee, McHenry, Ogle, or Whiteside counties. Reimbursement is available for providers taking CPR/First Aid outside of 4-C. See guidelines on the training calendar page of our website.

To register, providers are required to have a current 4-C membership.

All CPR/First Aid Trainings offered by 4-C qualify for both CCAP Health and Safety Training Hours and CCAP Health and Safety Orientation

<i>Date</i>	<i>Location</i>	<i>Time</i>	<i>Trainer</i>	<i>Registration Deadline</i>
Saturday, March 9, 2024	Loveland Community House 513 W 2nd St, Dixon	8:30 am-12:30 pm	Maria Lombardo, Director, Kishwaukee Early Childhood Learning Center	Monday, February 26, 2024
Saturday, March 9, 2024	McHenry County Mental Health Board 620 Dakota St, Crystal Lake	8:30 am-12:30 pm	Annie Johnson, Assistant Director, The Growing Place	Monday, March 4, 2024
Wednesday, March 20, 2024	Northern Illinois University Child Development & Family Center 220 Annie Glidden Rd, DeKalb	6:00 pm-9:00 pm	Amy Lofthouse, Associate Director, Northern Illinois University Child Development & Family Center	Wednesday, March 13, 2024