






## Training Events Listing

### June Trainings

June							
Date	Time	Location <i>Face to Face Trainings Noted in Purple</i>		Title	Trainer	Fee	Registration Deadline
Monday, June 3, 2024	6:00 pm- 8:00 pm	Online Webinar		Cool, Calm, and Collected	Marquita Myles, 4-C Infant Early Childhood Mental Health Consultant	Fee: Non 4-C Members: \$10, 4-C Members: Free	Monday, May 27, 2024
Thursday, June 6, 2024	6:00 pm- 8:00 pm	Online Webinar		Red Flags of Domestic Violence & How to Protect our Youth	Beth Ganion, Prevention and Communication Manager, Safe Passage	Fee: Non 4-C Members: \$10, 4-C Members: Free	Thursday, May 30, 2024
Thursday, June 20, 2024	6:00 pm- 7:00 pm	Online Webinar		Childhood Obesity	Soula Brahamis, WIC Nutritionist, DeKalb County Health Department	Fee: Non 4-C Members: \$10, 4-C Members: Free	Thursday, June 13, 2024
Wednesday, June 26, 2024	6:00 pm- 8:00 pm	Online Webinar		Stewards of Children- Child Abuse Prevention and Education	Gabby Mancillas, Children's Advocacy Center at Family Service Agency, Assistant Director	Fee: Non 4-C Members: \$10, 4-C Members: Free	<b>Monday, June 10, 2024</b>  <i>*early deadline to receive materials*</i>

## Childhood Obesity

This training will discuss the health issues related to childhood obesity including prevalence, causes, and tips for addressing obesity in children.

**Audience: All Providers**

**Level of Learning: Introductory**

## Cool, Calm, and Collected: Responding to Challenging Behaviors Instead of Reacting

Challenging or concerning behavior is used to describe behaviors that interferes with a person's daily life. The more you know about the person (parent and/or kids) with the challenging behavior, the more likely you are to understand them. This training covers a variety of topics, including what may be triggering problem behavior, how to improve the parent-child relationships when it becomes strained, what to do if kids are struggling with behavior in school and how to get professional help if you need it.

**Audience: All Providers**

**Level of Learning: Introductory**

## Red Flags of Domestic Violence & How to Protect our Youth

This training explains the basics of domestic violence, child abuse, and sexual assault. Participants will learn the effects of domestic violence on children and how to identify and report child abuse as well as sexual assault and the rights of sexual assault survivors.

**Audience: All Providers**

**Level of Learning: Introductory**

## Stewards of Children-Child Abuse Prevention and Education

This curriculum has been created by the not for profit organization Darkness to Light. It incorporates real life stories with real life people and teaches how to recognize the signs of abuse and neglect, how to respond to disclosures of abuse and what we can do to help prevent victimizations.

**Audience: All Providers**

**Level of Learning: Introductory**



## CPR/First Aid Trainings



Training fee is waived for providers caring for families in Carroll, DeKalb, Lee, McHenry, Ogle, or Whiteside counties. Reimbursement is available for providers taking CPR/First Aid outside of 4-C. See guidelines on the training calendar page of our website.

**To register, providers are required to have a current 4-C membership.**

*All CPR/First Aid Trainings offered by 4-C qualify for both CCAP Health and Safety Training Hours and CCAP Health and Safety Orientation*

<b><i>Date</i></b>	<b><i>Location</i></b>	<b><i>Time</i></b>	<b><i>Trainer</i></b>	<b><i>Registration Deadline</i></b>
Tuesday, June 11, 2024	4-C Office, DeKalb location 444 E Hillcrest Dr, DeKalb	6:00 pm-9:00 pm	Maria Lombardo, Director, Kishwaukee Early Learning Center	Tuesday, June 4, 2024
Saturday, June 22, 2024	McHenry County Mental Health Board 620 Dakota St, Crystal Lake	8:30 am-12:30 pm	Annie Johnson, Assistant Director, The Growing Place	Friday, June 14, 2024