






Training Events Listing May Trainings

Training Title	Date	Time & Address	Audience & Course Description	Learning Areas	Fee
<p>American Heart Association Heartsaver Pediatric Total (expires in 2 years) Introductory Training</p> <p style="text-align: center;"><u>Presenter:</u> Maria Lombardo</p>	<p style="text-align: center;">Saturday, May 2, 2026</p> <p style="text-align: center;"><u>Registration Deadline:</u> Monday, April 27, 2026</p> <div style="text-align: center;"></div>	<p style="text-align: center;">8:30 am-12:30 pm</p> <p style="text-align: center;">Face to Face Training</p> <p style="text-align: center;">Dixon Family YMCA 110 N Galena Dixon</p>	<p style="text-align: center;">All Providers with 4-C Membership</p> <p>American Heart Association Heartsaver Pediatric CPR/First Aid/AED course teaches childcare providers critical skills and knowledge needed to respond to and manage illnesses and injuries in a child or infant in the first minutes until emergency services arrive.</p>	<p>Gateways: HSW CDA: 1</p>	<p style="text-align: center;">Free Training</p>
<p>Calm, Connected, and Caring: SEL for Family Child Care Intermediate Training</p> <p style="text-align: center;"><u>Presenter:</u> Andrea Cossey</p>	<p style="text-align: center;">Tuesday, May 5, 2026</p> <p style="text-align: center;"><u>Registration Deadline:</u> Tuesday, April 28, 2026</p>	<p style="text-align: center;">6:00 pm-8:00 pm</p> <p style="text-align: center;">Live Webinar</p> <p>Link will be sent 1-2 days prior to the training date</p>	<p style="text-align: center;">All Family Child Care Providers</p> <p>This training supports Family Child Care Providers in using simple mindfulness and social-emotional learning tools to create calmer days and more connected relationships. Participants will explore realistic strategies for managing their own stress, deepen understanding of children’s feelings and behavior, and respond to families with empathy and clear boundaries in the unique context of family childcare.</p>	<p>Gateways: IRE CDA: 3</p>	<p style="text-align: center;">Fee: Non 4-C Members: \$10 4-C Members: Free</p>

<p>Supporting Families Where They Are At: Housing Insecurity Introductory Training</p> <p><u>Presenter:</u> Monique Shaw</p>	<p>Wednesday, May 20, 2026</p> <p><u>Registration Deadline:</u> Wednesday, May 13, 2026</p>	<p>6:00 pm-7:30 pm</p> <p>Live Webinar</p> <p>Link will be sent 1-2 days prior to the training date</p>	<p>All Providers</p> <p>You know your families. When something feels off, you notice. This training will help you understand what to do when a family in your care is dealing with housing instability. Learn what McKinney-Vento services mean for your program, how to spot eligibility, how to reduce barriers to enrollment and attendance, and where to connect families for help. Walk away feeling confident, informed and ready to support the families who need you most. Contact information will be provided for all counties in the 4-C service delivery area.</p>	<p>Gateways: HSW</p> <p>CDA: 1</p>	<p>Non 4-C Members: \$10</p> <p>4-C Members: Free</p>
<p>American Heart Association Heartsaver Pediatric Total (expires in 2 years) Introductory Training</p> <p><u>Presenter:</u> Amy Lofthouse</p>	<p>Tuesday, May 26, 2026</p> <p><u>Registration Deadline:</u> Tuesday, May 19, 2026</p> 	<p>6:00 pm-9:00 pm</p> <p>Face to Face Training</p> <p>NIU Child Development & Family Center 220 Annie Glidden Rd DeKalb</p>	<p>All Providers with 4-C Membership</p> <p>American Heart Association Heartsaver Pediatric CPR/First Aid/AED course teaches childcare providers critical skills and knowledge needed to respond to and manage illnesses and injuries in a child or infant in the first minutes until emergency services arrive.</p>	<p>Gateways: HSW</p> <p>CDA: 1</p>	<p>Free Training</p>

<p>Investing in Growth: The Importance of Professional Development for Early Childhood Professionals Introductory Training</p> <p><u>Presenter:</u> Cheryl Joseph</p>	<p>Wednesday, May 27, 2026</p> <p><u>Registration Deadline:</u> Wednesday, May 20, 2026</p>	<p>6:00 pm-8:00 pm</p> <p>Live Webinar</p> <p>Link will be sent 1-2 days prior to the training date</p>	<p>All Providers</p> <p>Professional Development is more than checking off required training hours!</p> <p>This training highlights the transformative impact of ongoing learning and growth in early childhood education. Explore how investing in professional development enhances your teaching skills, fosters innovative practices, and enriches the educational experiences for the children and families you serve. Participants will learn how to identify growth opportunities, apply new strategies, and stay inspired in your role, ultimately benefiting your career and the children you nurture.</p> <p>This training would be perfect for Directors and staff to attend together and process the information after the training.</p>	<p>Gateways: PPD CDA: 6</p>	<p>Non 4-C Members: \$10 4-C Members: Free</p>
<p>American Heart Association Heartsaver Pediatric Total (expires in 2 years) Introductory Training</p> <p><u>Presenter:</u> Annie Johnson</p>	<p>Saturday, May 30, 2026</p> <p><u>Registration Deadline:</u> Monday, May 25, 2026</p> 	<p>8:30 am-12:30 pm</p> <p>Face to Face Training</p> <p>McHenry County Mental Health Board 620 Dakota St Crystal Lake</p>	<p>All Providers with 4-C Membership</p> <p>American Heart Association Heartsaver Pediatric CPR/First Aid/AED course teaches childcare providers critical skills and knowledge needed to respond to and manage illnesses and injuries in a child or infant in the first minutes until emergency services arrive.</p>	<p>Gateways: HSW CDA: 1</p>	<p>Free Training</p>

<p>Healthy Kids, Healthy Futures: PALS (Physical Activity Learning Sessions) Introductory Training</p> <p><u>Presenter:</u> Ann Wilson</p>	<p>Saturday, May 30, 2026 and June 6, 2026</p> <p><u>Registration Deadline:</u> Monday, May 11, 2026</p>  <p><i>Must attend both sessions to receive credit</i></p>	<p>9:00 am-12:00 pm</p> <p>Face to Face Training</p> <p>4-C Office 444 E Hillcrest Dr Ste 300 DeKalb</p>	<p>All Providers</p> <p>The PALS training is designed to give early care providers a solid knowledge base of best practices for physical activity with emphasis on healthy lifestyles, environments and bodies. The PALS content addresses physical activity for children birth through age five years, and how to implement physical activities in their programs and share with families. The goal of PALS is to support practice and policy changes in ECE programs. PALS combines content learning with self-assessment, policy development opportunities, resources, and materials, to support practice change in ECE programs, leading to healthier, more active children.</p> <p>This training is interactive, fun, and engaging! Curriculum is a combination of lecture, videos, group work, physical activities, examples, and some giveaways; thus, the in-person format. This training is for all ability levels, so come join us! Snacks will be provided.</p>	<p>Gateways: HSW</p> <p>CDA: 1, 2</p>	<p>Free Training</p>
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