Training Events Listing
December Trainings

Training Title	Date	Time & Address	Audience & Course Description	Learning Areas	Fee
Pause, Breathe, and Reset: A Wellness Experience for Family Child Care Providers Introductory Training Presenter: Marquita Myles	Thursday, December 3, 2026 Registration Deadline: Thursday, November 26, 2026	6:00 pm-8:00 pm Live Webinar Link will be sent 1-2 days prior to the training date	**All Providers** After this training, providers will be able to recognize and reflect on personal sources of workplace stress and their impact on well-being. Participants will engage in discussion and reflection to identify common stressors, recognize what may be filling up their "stress cup" and consider how stress shows up in their daily lives. We will explore individual approaches to decompression, restoration, and wellness. Participants will also reflect on barriers to self-care and develop small, achievable actions to create space for rest, restoration, and resetting.	Gateways: PPD CDA: 3	Fee: Non 4-C members: $10 4-C Members: Free

Future Trainings (early registration required)

Training Title	Date & Time	Address	Audience & Course Description	Learning Areas	Fee
Program for Infant Toddler Care (PITC): Module 3- Learning and Development Intermediate Training Presenter: Andrea Capriotti	6:00 pm-8:30 pm: Tuesdays, January 5, 2027 January 12, 2027 6:00 pm-8:00 pm: Tuesday, January 19, 2027 Registration Deadline: Monday, December 14, 2026	Live Webinar Link will be sent 1-2 days prior to the training date	This session explores brain development, early learning and language development, and appropriate curriculum planning for infants and toddlers. PITC's view of infants as active, self-motivated learners is explained and the role of the caregiver in supporting infants' desire for exploration is considered. The perspective that is presented can be summed up in the following way: "All children are born wired for feelings and ready to learn" when provided nurturing relationships and a peaceful but engaging environment that supports all learners, including infants with special needs. Engaging discussion and activities support participant's learning.	Gateways: HGD CDA: 8	Free Training